COPS, CITY SHUT DOWN CONCERT FOR INSITE

PAGE 2

NEW ARRIVALS
MOUNTAIN HARD WEAR
Synchro Jacket
3 locations:
1361 Powell St. Van
183 W. Broadway Van
820 Marine Dr. N. Van
deakin.com
DEAKIN OUTDOORS

The world's largest global newspaper
metro
VANCOUVER • WEEKEND, OCTOBER 24-26, 2008
metronews.ca

Destination TOYOTA Burnaby
LOOK FOR OUR AD INSIDE
destinationauto.ca

City's gang-related murder rate 2nd highest in Canada

STATS CAN The ratio of gang-related homicides in Metro Vancouver is nearly twice that of the Greater Toronto Area and is second nationally only to Edmonton.

The data was released yesterday by Statistics Canada.

The study, Homicides, found that 19 gang-related murders were reported in Metro Vancouver in 2007, representing 0.83 gang deaths per 100,000 people.

This was only four fewer gang deaths than Toronto for that year — a region with more than twice the population. Toronto had 0.42 gang murders per 100,000 people.

Edmonton had 16, at 1.46 per 100,000 people.

KRISTEN THOMPSON /METRO VANCOUVER

Canuck Place **Time out**

RAFE ARNOTT/METRO VANCOUVER

Vancouver Canucks centre Ryan Johnson, left, and defenceman Kevin Bieksa, join Kaelyn Hindley at Canuck Place for some pumpkin carving yesterday. Canuck Place is a children's hospice offering specialized care for B.C. children living with life-threatening conditions.

Economic crisis could impact Games: VANOC

The worldwide economic storm could impact plans for the 2010 Winter Olympic Games, officials conceded yesterday.

"The challenge to us now is to wring out every non-essential component on the cost side of the budget," 2010 organizing committee chair Jack Poole said in Vancouver.

Poole wouldn't reveal what frills might have to be sliced from the estimated $1.63 billion budget, saying it was too early.

"There's nothing sacred," he said. "It's a very uncertain time in the world today. The bulk of our revenue which has been committed has not yet been received…"

VANOC president John Furlong said he has had no indication that sponsors aren't going to fulfill their commitments to provide hundreds of millions of dollars in critical revenue to stage the Games.

VANCOUVER 2010 **Games**

Ticket sales

- Organizing committee vice-president Dave Cobb said ticket sales, which opened Oct. 3, are moving along ahead of schedule and that organizers still expect to sell out all 1.6 million tickets.

"There hasn't been a payment missed and we're up to date with every partner and sponsor," he said.

VANOC last week reported a $48.1-million deficit for its year-end 2008 reporting period, but officials said it's simply a temporary cash-flow issue.

Asked if he's worried that revenues will fall short in the final analysis, Poole replied, "These are frightening times. We have no reason to think anything will be delayed but you can't ignore the circumstances we find ourselves in."

TORSTAR NEWS SERVICE

ShareYourViews
vancouverletters@metronews.ca

Home prices to fall almost 18% by 2010, says analysis

MARIA COOTAUCO
for Metro Vancouver

CREDIT CRUNCH The average price of a home in Greater Vancouver is expected to drop more than $100,000 by 2010, according to an economic analysis by Central 1 Credit Union released yesterday.

The report suggests that homes in the area will cost an average of $460,000 compared to the average going rate of $570,795 for a home last year.

The roughly 18 per cent devaluation over the next two years is being blamed on the worldwide credit crisis.

"The downturn is widespread and affects most markets and most housing types," Central's chief economist Helmut Pastrick told Metro.

"The markets are weak and prices are heading lower for the next several months."

The forecast takes into account the higher demand for homes expected ahead of the 2010 Olympic Games.

"For the year as a whole, I do expect that market conditions will improve during the course of the year 2010 and even potentially before, later in 2009," he added.

"But the year-over-year will still be negative."

Provincially, the study anticipates median housing prices will fall 13 per cent in 2009 to $310,000 compared to March 2008 rates.

Movies pg 16

Hathaway shines as black sheep

Small business pg 12

Partners at home & work

Celebrity Buzz pg 26

Being mom priority: Jolie

Please recycle

WAREHOUSE SALE
FRIDAY OCTOBER 24th to SUNDAY OCTOBER 26th
ONE WEEKEND ONLY!
40% off
CAMBIE CLEARANCE CENTRE
AND DISH JEANS FACTORY OUTLET
8680 CAMBIE ST VANCOUVER
BETWEEN SW MARINE DR & KENT
HOURS
FRIDAY 10:30 AM TO 7:00 PM
SATURDAY 10:30 AM TO 7:00 PM
SUNDAY 11:00 AM TO 6:00 PM
604.602.4145
T-SHIRTS FROM $5 | SWEATERS FROM $6 | JEANS FROM $10 | BRAND NAMES INCLUDING: XOXO, POINT ZERO, CALLAWAY, NIKE, JANA, DISH...AND MORE!

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

Cremated remains found
North Vancouver police are looking for the owner of a brown plastic urn that was found containing human ashes. The urn, which is from the Royal Oak Crematorium in Victoria, is labelled Hubert De La Pour Halliday and is dated Nov. 24, 1989. METRO VANCOUVER

Local

Plate giveaway

B.C. drivers with 2010 Olympic licence plates will have the chance to win a pair of Olympic men's hockey tickets, thanks to a new promotion by ICBC. The plates will be sold until the end of 2012 and so far, more than 130,000 British Columbians have bought 2010 Winter Games licence plates. METRO VANCOUVER

Insite show halted by cops

Permits for benefit featuring Bedouin Soundclash rejected: Police

MARIA COOTAUCO
for Metro Vancouver

A free concert that was to be put on by Bedouin Soundclash last night in front of the Insite clinic in the Downtown Eastside didn't happen after police say event organizers didn't have proper permits to put on the show.

"The city had declined a permit that was requested by the group," Const. Jana McGuinness said last night. "The city is concerned that pedestrians or motorists may be unduly put at risk by the event."

The band's lead singer, Jay Malinowski, called the end to the show "unnecessarily aggressive for something that is a humanitarian cause.

"They took $40,000 worth of sound equipment and threw it away … We wanted to play. We're here to play. We had all the permits."

Outside, at the corner of East Hastings and Columbia streets, dozens of police in riot gear stood on the street as people crowded on the sidewalk in front Insite.

"I think it's pretty wild," said Lindsay Kasting, 22, of the scene.

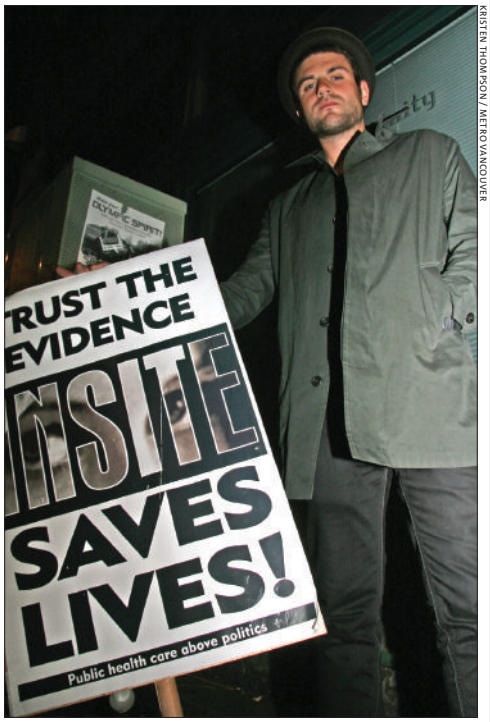
"You don't have a permit for a demonstration. I think it's out of proportion how (police) reacted."

"It was unnecessarily aggressive for something that is a humanitarian cause." Jay Malinowski

According to Kailin See of Insite for Community Safety, the non-profit organization that put on the $10,000 event, police were contacted about the concert well in advance.

"We were absolutely ignored until 24 hours before the event when they just swarmed down upon us with unbelievable pressure to stop it," she said.

"Traffic barricades (were) thrown out. Sound equipment (was) mishandled, thrown out … We are a charity. We're not rich. We really dug deep into our pockets to make this event happen."



KRISTEN THOMSON / METRO VANCOUVER

Jay Malinowski, guitarist for Bedouin Soundclash, outside Insite last night. The band was set to play a free concert outside the clinic but it was shut down because the police said the group didn't have a permit.

Ferry fare break a 'political ploy': NDP

JEFF HODSON
jeff.hodson@metronews.ca

A temporary reduction in fares and the restoration of cancelled ferry service is a "political ploy" that puts "rhetoric ahead of real relief" for ferry-dependant communities, New Democrats accused yesterday.

As a part of a nine-point economic plan, Premier Gordon Campbell announced Wednesday a $20-million initiative to reduce fares by 33 per cent for December and January. The plan would restore 136 sailings between Thanksgiving and March that the ferry corporation cancelled to save fuel.

NDP Ferries critic MLA Gary Coons said the plan amounts to interference in the ferry corporation.

"It's a business thing." Deborah Marshall

"They talked about it being arms length from government," said Coons yesterday. "The ferry corporation cannot be dictated to because they operate without political interference — what we saw is a blatant two-month political ploy."

B.C. Ferries spokeswoman Deborah Marshall said Campbell's announcement Wednesday was a surprise, but does not constitute political interference.

"It's a business thing," Marshall said. "If Warren Buffett wanted to give us $20 million to run sailings, we could do that too."

Slums to meet city standards: Vision, COPE

HOUSING City workers will enter slum hotels and repair them to basic safety standards at the owner's expense, Vision Vancouver and COPE said yesterday.

Vision candidate Gregor Robertson said he would enforce the standards of maintenance bylaw to maintain the city's existing low-income housing.

Coun. Tim Stevenson said the bylaw has not been enforced under the existing NPA council, nor the last Vision/COPE council.

JEFF HODSON / METRO VANCOUVER

News in brief

BUSINESS Intrawest, which runs Whistler-Blackcomb, announced yesterday it had completed a deal to refinance a $1.7-billion loan due yesterday.

ART A free preview of more than 200 of Canada's greatest artists starts tomorrow at the Heffel Fine Art House at 2247 Granville St. It features six works from Emily Carr, 16 from Group of Seven members and six from Tom Thomson. From 11 a.m. to 6 p.m. until Tuesday.

HEIST West Vancouver Police are asking for help identifying the suspect in a CIBC bank robbery. The man approached a teller on Aug. 5, produced a gun and demanded cash. He was last seen running west on Bellevue Avenue.

TRANSIT A major route change is planned for the No. 15 Cambie bus tomorrow and Sunday because of Canada Line work, news1130.com reports. It will follow Pacific Boulevard over the Granville Street Bridge and go along Oak Street until 16th Avenue, where it will reconnect with Cambie Street. METRO NEWS SERVICES

metronews.ca
What's online today.

Read Marty York's exclusive CFL Report at metronews.ca/sports
Check movie showtimes, trailers and reviews at metronews.ca/movies
Play online Sudoku and crosswords at metronews.ca/play
Search for jobs using Metro's Workopolis search

Lotteries

Lotto 6/49	8, 9, 12, 20, 42 & 45 Bonus 39
BC 49	1, 4, 5, 25, 31 & 36 Bonus 42
Extra	24, 36, 41, 42

These results are not official.

FREE ONE YEAR BCAA MEMBERSHIP!
FREE TRIP TO LAS VEGAS WITH EVERY USED CAR PURCHASE!*
YEAR END USED CAR CLEAROUT!
Destination TOYOTA Burnaby
SHOP ONLINE AT DESTINATIONTOYOTA.CA
CHOOSE FROM A WIDE RANGE OF QUALITY BCAA INSPECTED VEHICLES.
VEHICLES INSPECTED BY BCAA
Mercedes-Benz mazda ACURA TOYOTA LEXUS HONDA
THE TIME IS NOW! YOUR DESINTATION IS HERE!
4278 LOUGHEED HWY, BURNABY | 604-571-4350 | DESTINATIONAUTO.CA
*SEE DEALER FOR VACATION DETAILS.
Dealer Registration # 9374

ROGERS

ABBOTSFORD
Seven Oaks Shopping Center
(604) 854-1668
West Oaks Mall
(604) 852-0828
Clearbrook Plaza
148-31935 S Fraser Way
(604) 556-2702
BURNABY
Canada Square
(604) 436-3110
Highgate Village
(604) 299-1100
Lougheed Mall
(604) 420-7979
Lougheed Mall Kiosk
(604) 444-0240
Metrotown Downtown
(604) 413-8000
Metropolis
(604) 430-3900
Crystal Mall
(604) 412-9215
Metrotown Centre
(604) 432-9303
10153 King George Dr.
(604) 451-2900
4546 Kingsway
(604) 437-9810
CAMPBELL RIVER
Campbell River
(250) 850-1535
Discover Harbour Ctr.
(250) 830-1535
CHILLIWACK
Cottonwood Mall
(604) 858-0017
CLOVERDALE
Cloverdale Shopping
Shopping Centre
(778) 571-0276
COQUITLAM
Coquitlam Centre Mall
(604) 552-1441
1071-1163 Pinetree Way
(604) 945-0322
Lougheed Mall
(604) 944-8668
H-341 North Rd.
(604) 939-4777
COURTENAY
Courtenay Mall
(250) 703-2008
DELTA
Scottsdale Mall
(604) 590-9911
Delta South Shopping Mall
110-8007 120th St.
(604) 592-9199
Tsawwassen Mall
(604) 943-3600
5180 Ladner Trunk Rd.
(604) 946-7100
DUNCAN
Duncan Mall
(250) 748-6288
LANGLEY
Fraser Crossing
(604) 530-0240
Willowbrook Mall
(604) 532-9099
Willowbrook Kiosk
(604) 532-9099
Walnut Grove
(604) 881-2050
MAPLE RIDGE
Valley Fair Mall
(604) 460-2888
Westgate Mall
(604) 460-2888
MISSION
230-32630 Lougheed Hwy.
(604) 820-1811
NANAIMO
Nanaimo North Town Ctr.
(250) 591-1535
Woodgrove Centre
(250) 390-1820
Port Place Mall
(250) 741-0420
H-941 North Rd.
(250) 758-0577
NORTH VANCOUVER
3151 Lonsdale Ave.
(604) 988-2885
1422 Lonsdale
(604) 983-3025
Westfarm Shopping Mall
1204-1181 Marine Drive Rd.
(604) 984 8900
Norgate Mall
(604) 985-3135
Parkgate Mall
180-8291 Alexandra Rd.
(604) 279 8502
Aberdeen Ctr.
(604) 279-8800
Admiralty Centre
(604) 305-0306
Continental SC
(604) 279-8800
1000 Austin Ave. Rd.
(604) 244-0650
Empire Centre
(604) 279-2808
Lansdowne Mall
(604) 273-2229
Lansdowne Mall
(604) 247-2355
Richmond Centre
(604) 303-8811
SAANICH
401A-3989 Quadra St.
(250) 389-2818
SURREY
Central City
(604) 583-7090
Guildford Town Centre
(604) 251-9338
Scottsdale Mall
(604) 543-8882
Semiahmoo Mall
(604) 536-1161
Strawberry Hill
Shopping Centre
(604) 502-7696
Khalsa Diwan Mall
(604) 596-2220
(604) 572-9955
820-3045 152nd St.
(604) 542-1111
101-7320 King George Hwy.
(604) 599-5522
Cloverdale Crossing Mall
701-6476 176th St.
(604) 574-1111
201-12788 76A Ave.
(778) 571-0276
500-10898 Fraser Hwy.
(604) 582-1040
SQUAMISH
38-40437 Tantalus Rd.
(604) 892-1122
VANCOUVER
Bentall Centre Mall
(604) 602-0968
Champlain Heights
6058 Kerr St.
(604) 327-1991
155-139 Keefer St.
(604) 683-8283
6310 Fraser St.
(604) 325-0978
1801 Kent St.
(604) 736-3126
Coleridge Centre
(604) 669-1
City Square
(604) 875-0888
208 Keefer St.
(604) 688-3883
Eastgate Mall
(604) 267-6388
2691 West Broadway
(604) 736-1419
Granville
(604) 684-5981
1027 Mainland
(604) 608-2448
UBC - Student Union Building
(604) 221-5509
601 Robson St.
(604) 682-4133
1205 Robson St.
(604) 669-1205
1093 Robson St.
(604) 628-1388
1152 Robson St.
(604) 879-1003
VICTORIA
153-2401C Millstream Road
(250) 391-0885
Uptown
(250) 386-3282
Westshore Mall
(250) 478-2812
Hillside Mall
(250) 386-5818
760 Hillside Ave
(250) 380-1011
Saanich Centre
(250) 360-8000
Shelbourne Plaza
(250) 477-5959
153-2401C Millstream Rd.
(250) 391-0885
WEST VANCOUVER
Park Royal North
(604) 921-1488
Park Royal South
(604) 925-1880
WHISTLER
4338 Main St.
(604) 932-2021

ROGERS plus

ABBOTSFORD
Abbotsford Village Shopping Centre
(604) 852-5803
Mc. Lehmen
(604) 856-0151
Seven Oaks
(604) 854-1440
BURNABY
Brentwood
(604) 297-9958
North Road
(604) 421-7700
Royal Oak
(604) 526-0233
Old Orchard Shopping Centre
(604) 493-6125
Willingdon Ctr.
(604) 320-0780
CHILLIWACK
Salish Plaza
(604) 792-7009
Coast Mall
Coquitlam Place
(604) 464-4222
Austin Avenue Mall
(604) 931-5322
Westwood Plateau Village
(604) 464-5852
Como Lake Village
(604) 939-1322
COURTENAY
Courtenay Crossing Mall
(250) 334-3070
DELTA
Sunshine Hills Shopping Centre
(604) 501-7767
LANGLEY
Fraser Park Shopping
(604) 530-0220
Willowbrook Park Shopping Centre
(604) 533-8555
MAPLE RIDGE
Haney Place
(604) 463-2231
Westgate
(604) 460-6927
MISSION
Lougheed Mission Plaza
(604) 820-4869
NEW WESTMINSTER
Columbia Square
(604) 524-1161
Royal Square Mall
(604) 515-8213
NORTH VANCOUVER
Capilano
(604) 980-7500
Lonsdale
(604) 980-7291
Capilano Mall
(604) 980-7500
PORT COQUITLAM
Prairie Mall
(604) 941-4716
Shaughnessy Station
(604) 941-2429
RICHMOND
Francis
(604) 241-0211
Blundell
(604) 275-4848
Lansdowne
(604) 244-0646
Garden City Shopping Centre
(604) 244-7600
Ironwood Plaza
(604) 241-0641
SURREY
Scott Road
(604) 599-0099
Guilford
(604) 599-0000
Newton
(604) 599-8880
Fleetwood
(604) 599-0007
Cedar Plaza
(604) 581-7884
Peninsula Village Shopping Centre
(604) 541-0828
Guildford
(604) 584-7274
Clover Square Village
(604) 574-6241
Surrey Centre
Bayside Shopping Centre
(604) 583-2040
VANCOUVER
Arbutus
(604) 676-7015
Davie
(604) 687-8000
Denman
(604) 254-9555
Kerrisdale
(604) 266-6097
Granville
(604) 266-6100
Jervis
(604) 669-7377
Main St.
(604) 712-5007
Oak Street
(604) 731-1699
Victoria Square
(604) 327-1888
Pacific Centre
(604) 801-5292
VICTORIA
Cedar Hill
(250) 361-4949
Carsewell Centre – Eastgate
(250) 478-8556
Hillside
(250) 370-4510
Shelbourne
(250) 472-7522
Grange
(250) 590-6588
Marlyn Shopping Centre
(250) 382-4766
Bay Centre
(250) 383-5431
Fairfield
(250) 370-4339
WEST VANCOUVER
Park Royal Shopping Centre
(604) 926-2010
Caulfeild
(604) 925-6870
WHISTLER
Whistler Marketplace
(604) 938-4503
WHITE ROCK
White Rock Plaza
(604) 538-5578

TAKE THE INTERNET *WITH YOU.*

THE ROCKET™ MOBILE INTERNET STICK

Now you don't need home Internet anymore

FREE STICK
on a one-year term*

CANADA'S FASTEST MOBILE NETWORK†
2X FASTER THAN ANY OTHER

Visit rogers.com/rocket

ROGERS™

THE SOURCE by Bell | ROGERS plus | ROGERS VIDEO | WIRELESSWAVE | GLENTEL | FUTURE SHOP | BEST BUY

*On a 1-year activation with a minimum $25 monthly service fee plus a $6.95 System Access Fee and other fees. †Comparison based on peak download speed of up to 7.2 Mbps for HSPA network as compared to peak download speed of up to 3.1 Mbps for 1xEvdo networks Actual speed may vary. Fastest wireless network measuring download speeds within HSPA coverage.

™Trademarks of Rogers Communications Inc., used under license. All other brands, names and logos are trademarks of their respective owners; all rights reserved. © 2008 Rogers Wireless.

Forty years of organ transplants in B.C.
Today marks the 40th anniversary of the first organ transplant in B.C. The kidney transplant was performed at Vancouver General Hospital on Oct. 24, 1968. Between then and 1985, the five-year graft survival rate for kidney transplants was 55 per cent. Today it's almost 89 per cent. METRO VANCOUVER

Laibar Singh ready to go back to India

But refugee claimant fears jail

KRISTEN THOMPSON
kristen.thompson@metronews.ca

Failed deportation

- In December 2007, thousands of people surrounded a car delivering Singh to YVR for deportation, forcing immigration officials to abandon the deportation.

After spending more than a year in sanctuary in an Abbotsford Sikh temple, paralyzed Indian refugee claimant Laibar Singh says he's given up hope the Canadian government will let him stay and is ready to return to India.

Swarn Singh Gill, president of Kalgidhar Darbar Gurdwara, said yesterday Singh is afraid if he leaves the temple he'll be arrested.

"He's scared to go to jail and (misses) his children and family," Gill said.

"He's sad, he's crying a little bit … The community is sad (because) he's just like a family to us, now."

Singh went into sanctuary when he was ordered deported last December, and has since avoided three expatriation orders.

He came to Canada in 2003 on a forged passport and sought refugee status, which he was denied.

Three years later he suffered a stroke, leaving him unable to care for himself.

Singh's supporters have demanded the Canadian government let him remain in Canada because he wouldn't get adequate health care in India. The South Asian community has put $32,000 in a trust fund for Singh to take back to India.

RAFE ARNOTT/METRO VANCOUVER

Metro Vancouver workers Ian Williamson, left, and Barb Vincent, sort through garbage at Park Royal Shopping Centre looking for recyclables yesterday.

Great Trash Tip — save those organics

MONICA MARTINEZ
for Metro Vancouver

WASTE Styrofoam, packaging, electronic devices, a cash register, organic waste and even a vacuum cleaner were found yesterday in the trash by garbage inspectors at Park Royal Shopping Centre.

The Metro Vancouver and Park Royal pilot project — the Great Trash Tip — aims to educate people about recycling as part of Canada's Waste Reduction Week.

"If we pull organics out of our garbage, we can reduce waste by 15 per cent minimum," Cindy Papa, director of marketing and sustainability for the centre said.

Richard Walton, mayor of North Vancouver, said the initiative is about raising public awareness on our habits and how we must change.

The project could eventually be extended to other shopping centres across the Metro Vancouver area.

ShareYourViews
vancouverletters@metronews.ca

Ex-chief rapped for conduct

POLICE Former Vancouver police chief Jamie Graham acted with "disreputable conduct" by failing to ensure his officers co-operated with an RCMP investigation into claims of misconduct in the Downtown Eastside.

Graham faces no disciplinary action because he retired in 2007, said police complaint commissioner Dirk Ryneveld, who wrote the decision in August. Graham told the CBC he did not agree with the findings.

The Pivot Legal Society alleged Graham failed to co-operate — or order his officers to co-operate — with the 2003 investigation.

As a result of the investigation, nine officers were disciplined with "managerial advice" for failure to submit reports or attend interviews. In his report (which has not been released), Delta Chief Jim Cessford, who led the probe, concluded while Graham didn't condone his officers' actions, he did not take all necessary steps to ensure co-operation.

JEFF HODSON/METRO VANCOUVER

DAY TO DAY SOLUTIONS
• Chequing Account
• High Rate Savings Account
CREDIT SOLUTIONS
• Mortgages
• HSBC MasterCard®
INVESTMENT SOLUTIONS
• Mutual Funds†
• GICs
• Term Deposits
Check out our great rates on our investment, credit and day to day banking products.
Also, open an HSBC Performance Chequing Account AND an HSBC GIC or Term Deposit and be entered for your chance to win $25,000!*
September 8 to October 31, 2008
Go to your nearest HSBC branch or visit hsbc.ca
HSBC
The world's local bank

Issued by HSBC Bank Canada
*No purchase necessary. Contest open to residents of all provinces and territories in Canada who have reached the age of majority or older in their province/territory of residence, except for employees, representatives and agents of HSBC, its affiliates, subsidiaries and advertising agencies (and members of their immediate families and persons with whom they reside). Contest begins at 9:00 AM PST on September 8, 2008 and closes at 11:59 PM PST on October 31, 2008. There is one (1) Grand Prize, consisting of CAD $25,000 to be used by the winner towards either an HSBC one-year-term, registered or unregistered GIC or an HSBC one-year Term Deposit. Chances of winning depend upon the number of eligible entries received. Grand Prize draw will be made on or about November 20, 2008. Selected entrants will be notified by telephone and required to correctly answer a skill-testing question. For full contest details and ways to enter, visit www.hsbc.ca/win. †All Mutual Funds are offered through HSBC Investment Funds (Canada) Inc. ®MasterCard is a registered trademark of MasterCard International Incorporated. Used pursuant to license.

"Two years before the last Olympics I picked up an official Torino keychain for my car keys. Every time I got in my car to go anywhere, I could touch it and have a tangible reminder of my dream, each road journey taking me one step closer towards it."

Alexa Loo.
Snowboarder
Richmond, B.C.

Get Behind the Drive to 2010

By purchasing a 2010 Winter Games plate, you'll be supporting our Canadian Olympic Team. You'll also receive our exclusive free music download called RoadTrax*— a compilation of songs selected by the athletes, and a chance to be our guest at the 2010 Winter Games.† For details, visit **behindthedrive.com** or ask your local ICBC Autoplan broker.

ICBC is proud to be an Official Supporter of the 2010 Winter Games.

*While quantities last. †No purchase necessary. Open to BC residents 19 years of age or older. Promotion ends Mar. 31/09.

icbc.com

building trust. driving confidence.

Cornwall sex abuse inquiry gets a deadline

The long-running inquiry into allegations of sexual abuse in Cornwall, Ont., has been told to wrap it up and file a final report by next July. Called in 2005, the inquiry is looking into how authorities responded to a rash of allegations that children were being abused starting in the late 1950s and continuing for decades. CBC NEWS ONLINE

Canada

Child care award

Parti Québécois Leader Pauline Marois, left, received an award this week from Ontario child care advocates for her decade of commitment to the issue. Marois was minister of education and family in the PQ government in 1996 when Quebec brought in its popular daycare plan. TORSTAR NEWS SERVICE

News in brief

DISMEMBERMENT Four young men admitted yesterday in an Edmonton court to dismembering a body on Feb. 20, 2007, then stuffing the limbs in garbage bags while what remained of the carcass filled a bathtub with blood where it lay. Michael Gray, 24, and Jason Costouros, 25, were each sentenced to four years in prison for the crime. Nicholas Harris, 27, got four years, three months. Kyle Grapentine, 25, will serve 32 months.

DRUG BUST The RCMP and police in Australia have smashed a Toronto drug ring that sent a $110 million "shopping centre mixture" of speed, ecstasy and cocaine to the Land Down Under stashed in footbaths. The six-month investigation began in May when Australian police intercepted a shipment of footbaths from Toronto area in which 54 kilograms of methamphetamine and cocaine were concealed.

MISSING Barrie, Ont., residents are stepping up the search for 15-year-old Brandon Crisp, missing since Thanksgiving. Metroland Media, employer of one of Brandon's parents has put up a $10,000 reward for information leading to Crisp's return. A local Rogers cable station posted another $10,000 shortly after.

HEALTH The chief medical officer in the Northwest Territories has confirmed one case of flesh-eating disease at Stanton Territorial Hospital in Yellowknife, CBC News Online reports. Health Canada estimates there are 90 to 200 cases of the disease each year in the country. METRO NEWS SERVICES

NEW COMPANY OPENING IN CANADA!
Looking for 12 key leaders.
Call Sharon at 604-464-2156 or visit exfuzeinternational.com

G4S Group 4 Securicor
G4S Security Services (Canada) Ltd.
The Leading International Security Provider
FT & PT positions
Must have BST 1 & 2
604-661-0313 fax: 604-683-0621
email: kevin.paxman@ca.g4s.com

Join Our Resident Care Attendant Program Now!
• Free Admission If You Join by Nov 3rd
• Graduates May be Eligible for $2500 Fee Reduction
• Growing Demand for Qualified Nurses Aides
• Hospitals and Care Facilities Need You
• Get Trained then Job and Change Your Life Today
Job Placement & Student Loans Available
Royal Canadian Institute Of Technology
508 Kingsway, Vancouver
www.rcit.edu 604-879-5676

Kripps Vitamin D
Superior Disease Protection
PROTECT YOURSELF
Kripps Pharmacy
• improves skin conditions
• "people who take Vitamin D have a 60% reduction in cancer incidence compared to those who don't"
- Source: The Globe & Mail
Health Alert
Hear Dr. Edward Thorpe, Ph.D
Inflammation:
How to improve your tubes
Sat., Oct. 25 at 12:10 p.m., Theatre 2
Visit us at booth 217 @ 999 Canada Place
5413 West Boulevard, Vancouver
604-687-2564 • krippspharmacy.com

Ottawa props up banks

Loan guarantees will help to maintain competitive edge: Flaherty

Canada reinforced its banking sector with loan guarantees yesterday in a bid to mute the impact of a global financial crisis that is forecast to push the country to the edge of recession.

The move mirrors multi-billion-dollar programs in the United States and Europe to restore lending confidence after a series of bank failures — many stemming from soured investments in bad U.S. mortgages.

"The government of Canada is acting today to ensure that financial institutions in this country are not put at a competitive disadvantage when raising funds in wholesale markets to lend to consumers and businesses," Finance Minister Jim Flaherty said.

The global economic turmoil, which has slammed world markets and dragged consumer confidence to its lowest levels in decades, is expected to push Canada's economy to the brink of recession, the Bank of Canada said yesterday.

In its quarterly report, the central bank projected the economy would shrink 0.4 per cent in the fourth quarter of this year and would record zero growth in the first quarter of 2009. The technical definition of a recession is two consecutive quarters of economic contraction.

Bank of Canada Governor Mark Carney said he would not describe the economic outlook as recessionary, just sluggish, and Flaherty said he thought a recession could be avoided.

A steep weakening of the Canadian dollar could offset sliding commodities markets by helping manufacturers. REUTERS

CHRIS WATTIE/REUTERS

Bank of Canada Governor Mark Carney listens to a question during a news conference upon the release of the Monetary Policy Report in Ottawa yesterday.

Dion apologizes to Liberal caucus

GRITS Outgoing Liberal Leader Stéphane Dion said goodbye to defeated colleagues yesterday and prepared the way for his successor as he faced his caucus for the first time since his party's humiliating electoral loss.

"I am certainly disappointed this happened under my leadership. I take responsibility." Stéphane Dion

The meeting promised to be tense, with disappointed members airing their grievances against a lame-duck leader they say cost them seats with his stubborn focus on the Green Shift carbon tax policy, and whose leadership never resonated with most of the caucus.

But during a series of farewells from many of the 21 defeated Liberal incumbents, who were each given two minutes to address their colleagues, the mood stayed low-key.

Although Dion didn't speak until his closing remarks at the end of the meeting, he took the opportunity to acknowledge he had been wrong to focus so strongly on the Green Shift during the campaign.

"I made an error," Dion said, according to one Liberal MP.

After the meeting, Dion told reporters he did not tell the defeated MPs anything he has not told them before. "I am certainly disappointed this happened under my leadership. I take responsibility." TORSTAR NEWS SERVICE

Quebec politicians defect to ruling Liberals

NATIONAL ASSEMBLY Quebec's minority Liberal government received a surprise boost yesterday when it gained two legislators who defected from the largest opposition party.

The defections from the right-leaning Action Democratique du Quebec mean the Liberals, who barely hung on to power in the March 2007 election, now have 48 of the 125 seats in the legislature.

There is increased speculation in the largely French-speaking province that Premier Jean Charest will soon call an election.

The ADQ defectors are Andre Riedl and Pierre-Michel Auger.

Auger told reporters that leader Mario Dumont was "a leader who has not listened to his legislators and doesn't let them contribute," while Riedl said the ADQ was "the party of one man alone who doesn't have a plan for Quebec."

Mario Dumont

Dumont responded with scorn, saying the two were not among his best members, and challenged them to resign from the ADQ and try to get re-elected as Liberals.

Opinion polls indicate the ADQ — now down to 39 seats — would lose many of its legislators if an election were held in the near future. REUTERS

Feds recall thousands of poisonous toys

HEALTH Health Canada has ordered thousands of toys and children's costume jewellery items off store shelves after a Torstar News Service investigation found they contained dangerously high levels of lead.

One of the items is a baby pacifier that was sold at Everything For a Dollar in Scarborough, Ont. Another is a scrapbook charm sold at Dollarama that was so poisonous Health Canada determined a child could die from swallowing the penny-sized bauble.

info

- The federal agency posts recall notices on the web at healthycanadians.ca

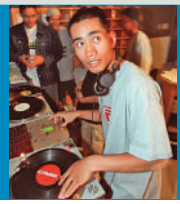
Using two types of high-tech tests, Torstar News Service found lead in about one in every four products bought at 18 retailers in the Greater Toronto Area. Most were made in China. There was a toxic metal in a shocking range of items — from a "Lead Free" jewellery kit to a cuddly stuffed animal dressed as a Mountie. TORSTAR NEWS SERVICE

Undertaker banned from driving after threats
A drunken Australian undertaker who stalked a woman from his hearse, honking and making threats, was banned from driving for two years yesterday. REUTERS

World

"He intended to be funny, not to offend anybody."

Arabian Radio Network executive Steve Smith on the firing of a DJ over his impersonation of God.



DJ fired

Virgin Radio Dubai fired South African DJ Revin John, left, for impersonating God on air in a sketch comedy skit, the show's management said Wednesday.
CBC NEWS ONLINE

Greenspan shocked by crisis

Former Federal Reserve chairman Alan Greenspan told Congress yesterday he is "shocked" at the breakdown in U.S. credit markets and said he was "partially" wrong to resist regulation of some securities.

Despite concerns he had in 2005 that risks were being underestimated by investors, "this crisis, however, has turned out to be much broader than anything I could have imagined," Greenspan said in remarks prepared for delivery to the House of Representatives Committee on Oversight and Government Reform.

"Those of us who have looked to the self-interest of lending institutions to protect shareholder's equity — myself especially — are in a state of shocked disbelief," said Greenspan, who stepped down from the Fed in 2006.

With a general election looming Nov. 4, U.S. lawmakers were sharply divided along political lines in either blaming regulators or bickering for failure to prevent the crisis that has gripped financial markets around the world.

"The reasons why we set up your agencies and gave you budget authority to hire people is so you can see problems developing before they become a crisis," Committee Chairman Henry Waxman, a California Democrat, told a panel that included Securities and Exchange Commission Chairman Christopher Cox and former U.S. Treasury Secretary John Snow.

Republicans, for their part, singled out government-sponsored mortgage finance agencies Fannie Mae and Freddie Mac for their role in unsettling financial markets and faulted Congress, which has been led by the Democrats since 2006, for failing to pass measures to rein them in sooner.

Alan Greenspan

They angrily protested a decision not to hold a hearing on the mortgage finance firms, which the government took over in September to restore financial health, until two weeks after the election. REUTERS

Fed to crack down on scams

- The U.S. Federal Reserve is working with other regulators to crack down on scams that seek to take advantage of distressed homeowners by mimicking mailings sent out by mortgage industry alliance HOPE NOW, Fed Chairman Ben Bernanke announced yesterday.

McCain takes aim at Obama over economy

POLITICS Republican presidential nominee John McCain took his "Joe the Plumber" economic message on a bus ride across Florida yesterday, accusing Democrat Barack Obama of backing a tax plan that would endanger the teetering U.S. economy.

John McCain

McCain's broadside, delivered at stops throughout central Florida, prompted Obama to fire back that McCain's economic proposals would give corporations a tax break for shipping jobs overseas — a "Wall Street-first, Main Street-last" strategy.

McCain continues to trail in opinion polls both nationally and in many key states. REUTERS

Mexico **Oil industry protests**

DANIEL ACUÑA/REUTERS

A woman gestures as federal riot police clash with supporters of former presidential candidate Andres Manuel Lopez Obrador of the PRD (Party of the Democratic Revolution), and demonstrators try to block access to the alternative senate building in Mexico City yesterday. Mexico's Senate began passing energy reform yesterday to reshape the slumping state-run oil industry and bring in private sector expertise.

China furious over human rights award

RIGHTS The European Parliament, in a move that immediately drew a tart rebuke from Beijing, awarded its top human rights prize yesterday to a Chinese dissident who was jailed for subversion.

While announcing the winner of the Sakharov Prize for Freedom of Thought, European Parliament President Hans-Gert Poettering called Hu Jia "one of the real defenders of human rights in the People's Republic of China."

"By awarding the Sakharov Prize to Hu Jia, the European Parliament is sending out a signal of clear support to all those who defend human rights in China," Poettering told the EU assembly.

Hu emerged as one of China's most vocal advocates of democratic rights, religious freedom and of self-determination for Tibet.

A spokesman for China's Foreign Ministry, expressed strong dissatisfaction that such an award had gone to a "jailed criminal" and denounced the award. REUTERS

meeting

- China said the award was meddling in their domestic affairs and a violation of international norms, but also said it would not overshadow an Asia-Europe Meeting of 43 nations in Beijing that starts today.

News in brief

FRANCE A French court yesterday sentenced nine men to prison for belonging to an Islamist group accused of plotting to carry out bomb attacks.

ENGLAND Sex education classes will become compulsory for school children in England to help reduce the high rate of teenage pregnancies.

KOREA North Korea's state media said yesterday that reports stating leader Kim Jong-il's health was deteriorating are false. REUTERS

Watchdog blasts UN on corruption issues

INVESTIGATION The head of the UN internal watchdog accused the world body yesterday of laxity in rooting out corruption, as western and developing countries clashed over how the problem was being addressed.

The comments by Inga-Britt Ahlenius came as she presented a UN committee with a report by a task force that details its investigations over the past year into cases of alleged graft linked to UN contracts worth over $20 million in that period.

Ahlenius heads the Office of Internal Oversight Services, which runs the controversial and soon-to-be-disbanded Procurement Task Force.

Ahlenius told the General Assembly's budgetary committee that the task force's 250 investigations had highlighted a "serious problem" of defective UN internal control that laid the organization "open to waste, abuse, fraud and corruption." REUTERS

task force

- The task force was set up three years ago following a scandal over a former UN oil-for-food program with Iraq.

TELL OTHER METRO READERS WHAT YOU THINK

Whether you agree or disagree with what you read in Metro we want to know. E-mail your letters to: vancouverletters@metronews.ca

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. **We reserve the right to edit letters.**

Comment & Views

Comment

Twisting in the wind

We have a special place for failure in Canadian politics

OmniVision

Rick McGinnis

rick.mcginnis@metronews.ca

The very brief rise and fall of Stéphane Dion as leader of the Liberal party will be a footnote in Canadian history, but it's just the latest chapter in a much longer political narrative — the central place of failure in every political career.

"I failed," Dion said succinctly this week, after announcing that he would step down as party leader as soon as a successor was chosen, though he remains in denial about the place his Green Shift plan had in ensuring that defeat. The party apparently won't be convening to select a leader until the spring, however, which gives Dion a long time to twist in the wind.

We have a special place for failure in Canadian politics. Some names (Kim Campbell, John Turner, Joe Clark, Audrey McLaughlin) are synonyms for political failure, while Pierre Trudeau, arguably the most successful Canadian politician in living memory, is defined as much by his failures (the FLQ crisis, the 1972 minority government, wage and price controls, the NEP) as his successes (joining the G7, the defeat of the 1980 Quebec referendum, the 1982 Constitution Act.)

"Making sense of politics requires creating a narrative out of the usually dispiriting facts of political life, so failure is essential if we're going to try to frame a politician's life in the grander form of tragedy."

We even have a special place for legendary NDP leader Ed Broadbent, one of the most beloved politicians in our history, and a man who was never able to lead his party to power despite it. Failure doesn't even guarantee the end of a career; 13 years after the inglorious end of the only NDP government in Ontario history, former premier Bob Rae has failed upward into federal parliament, to only a heartbeat away from Dion's job.

Making sense of politics requires creating a narrative out of the usually dispiriting facts of political life, so failure is essential if we're going to try to frame a politician's life in the grander form of tragedy. Richard Nixon's career is a perfect model — ambition and compromise, failure then triumph, followed by an even greater failure and disgrace. It's no surprise that the best biography of the man — Garry Wills' Nixon Agonistes — describes him in the language of Greek tragedy, while even Oliver Stone's film bio, recently reissued on DVD, adheres to the same trajectory despite the filmmaker's obvious distaste for his subject.

Of course, not every politician is allowed to buff their failure into something nearly noble through tragedy — despite the almost constant controversy of his two terms in office, it's hard to call Bill Clinton's career tragedy; bedroom farce is more apt. As for Dion, his moment in the national spotlight was too brief to invoke tragedy, and even from a slight remove it might best be described as a pratfall.

Rick McGinnis writes about music, movies, books and television, but not opera.

Views

'Affluenza' — the buck stops with you

Christine Williams

It struck us suddenly and painfully: The global financial meltdown.

We blamed the greed of financial institutions, while the role of government was dragged into question, turning the popular tide against laissez-faire economics and calling for a more active role from government in monetary and fiscal policy. But at the heart of this economic disaster is consumer behaviour. In our aggressive marketing culture, we have been sold on the flawed ideology that material things are guaranteed to make us happier. This addiction to materialism has led to a condition now known as "affluenza." Like the flu, affluenza is painful, contagious and socially transmitted.

Excessive wealth-seeking in consumerist nations is just what financial institutions depend on for profit. Take a look at Freddie Mac and Fannie Mae, the government-chartered grim reapers of the American purse. These two financial giants operate in the secondary mortgage market. Simply put, they don't lend to you directly, but they ensure that funds are consistently available to the institutions that do lend out money to homebuyers. These lending institutions are now free to give you more than you actually could afford. They don't care how you stress and struggle to pay back. They don't even care if you jump over a bridge, which is why they are now riding out the wrath of Americans, and rightly so.

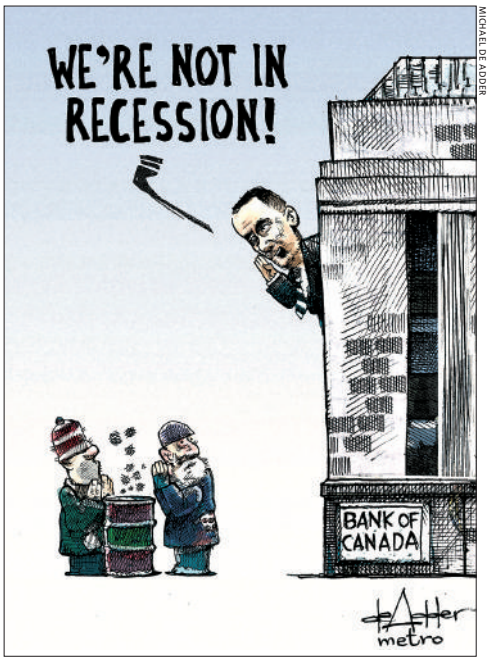
"In this time of economic uncertainty and stress, the best we can do is to target our resources toward battling 'affluenza,' which is resistant to attack."

In Canada, we're not far behind in our debt load, so let's learn from this. Before we pass the buck to ravenous institutions and government, let's take a look at our personal roles in this. It takes two to shake hands on a deal. Even if institutional reps pay some price, they'll still be laughing all the way to the bank. How will that help you, particularly if you are drowning in a sea of debt?

In this time of economic uncertainty and stress, the best we can do is to target our resources toward battling "affluenza," which is resistant to attack. The bug is programmed to give you messages that justify every penny you spend, like: "I deserve this, so I'll opt for the long-term plan."

In fact, the affluenza virus lives in your brain and knows you well. It will concoct whatever excuse it takes to multiply itself and destroy its host. Your biggest hope is to recognize its symptoms and brace yourself for the full blown affluenza season, coming up in about a month and a half. So let's all be sure to boost our immunity with a shot of common sense.

Christine Williams is the producer and host of the live current affairs daily talk show On the Line at CTS TV in Burlington, Ont.



MICHAEL DE ADDER

Letters

Nancy M. Forhan, RICHMOND

Gordon Campbell's Liberals have been in power since the spring of 2001. Now, I'm not a math whiz but I'm pretty sure that's 7½ years.

Listening to (Minister of Transportation) Kevin Falcon earlier this week lament the Lower Mainland's shortage of buses by saying he wished he "could just sprinkle pixie dust and make them appear — but it doesn't work that way," was laughable.

Every year since 2001 the Liberals have promised us more buses and better service.

Every year since 2001 all they've ever given us has been higher fares and lower service.

I suggest that on May 12, 2009, the commuters of the Lower Mainland "sprinkle pixie dust" and make all of Gordon Campbell's Liberals (including Kevin Falcon) disappear.

Jacqueline Hansen, VANCOUVER

Re: "Tax cuts announced." (Premier Gordon) Campbell's economic strategy sounds a lot more like a strategy to win a byelection and get free TV air time to me!

Strange, Campbell and (Stéphane) Dion are both Liberals and they both have the same carbon tax.

METRO Vancouver

1190 Homer Street, Suite 250
Vancouver, BC V6B 2X6
Tel: 604-602-1002
Fax: 1-866-254-6504

Advertising: 604-602-1002
adinfovancouver@metronews.ca
Distribution inquiries:
vancouver_distribution@metronews.ca

metro_inquiries@metronews.ca
vancouverletters@metronews.ca

Local:
Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro
fernando.carneiro@metronews.ca
Distribution Manager, George Acimovic
Marketing Manager, Olga Edwards
National:
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Art Director, Laila Hakim
National Sales Director, Susan Courtney
Interactive Director, Jodi Brown

NADbank PMB Please recycle metro Do it daily.

Metro is the world's largest newspaper, with more than 23.1 million daily readers in 100 major cities in 23 countries. metronews.ca

We'll match what you save.

Enrol in the new *Bank The Rest*™ savings program and save up to $100 more†

With *Bank The Rest,* every time you pay with your Scotiabank debit card, your purchases are rounded up and the difference is transferred into a savings account. And when you open a ***Scotia One***™ account before November 2, 2008 and enrol in the *Bank The Rest* savings program, we'll match what you save up to $100. So when you spend, you save. And you save some more.

banktherest.com

You're richer than you think.®

Scotiabank®

™ Trademarks of The Bank of Nova Scotia. ® Registered trademarks of The Bank of Nova Scotia. † To be eligible for the up to $100 match up offer you must be a Canadian resident aged 19 or older, open a new *Scotia One*™ account between September 15, 2008 and November 2, 2008 and be enrolled in the *Bank The Rest* savings™ program including a *Money Master*® Savings Account. To receive the match up bonus you must maintain the *Scotia One* account, *Money Master* account and be enrolled in *Bank The Rest* until April 30, 2009. The match up bonus will be deposited to the *Money Master* account on May 15, 2009. Only one matching bonus will be credited for an eligible *Scotia One* account, regardless of whether the account is held by more than one person. This offer cannot be combined with any other offer and is not available for *Scotia One* accounts with a fee waiver. Scotiabank reserves the right to extend, cancel or withdraw this offer at any time without notice. Full terms and conditions are available at your branch or at banktherest.com
Bank note images used and altered with permission of the © Bank of Canada.

New York Times posts loss, eyes debt cut

The New York Times Co. posted a quarterly loss because of charges for job cuts, and added it is writing down New England assets such as the Boston Globe. Analysts say it could sell other assets, while S&P Ratings downgrade the stock to "junk." REUTERS

Business

DOLLAR

0.06¢	C$	79.64¢ US
	US$	$1.2557

OIL

	$67.84 US
	$1.09

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Big opportunity to acquire amid crisis

Companies in any and every sector have one thing in common: They view the financial market turmoil as opening up acquisition opportunities.

Companies with strong balance sheets and the luxury of cash may pursue acquisitions even though most dealmaking has been frozen by the lack of funding available in the markets.

Overall, the volume of mergers and acquisitions has dropped 24.7 per cent so far this year worldwide, according to Thomson Reuters data.

Many of the recent deals forged amid the credit crisis were done under duress or timed to help ailing companies, such as the takeover of Bear Stearns by JP Morgan Chase and a planned takeover of Wachovia by Wells Fargo.

"Investors consistently reward companies for selling."
Carsten Stendevad

The next wave of deals could be powered by companies looking to take advantage of the market downturn to find cheap assets, analysts said.

And for companies with lucrative assets, it can be opportunistic to sell in a bear market, said Carsten Stendevad of Citi Bank.

"Investors consistently reward companies for selling, and sellers generally receive multiples expansion one year after the sale." REUTERS

Spain **Nissan auto jobs killed**

ALBERT GEA/REUTERS

Nissan's workers protest against job cuts in Barcelona yesterday. The Japanese car maker said on Oct. 13 it will cut 1,680 jobs at its factory in Barcelona because of weak demand, particularly for vans and 4X4 models.

Canada buys $7B in mortgages

BUYOUTS The Canada Mortgage and Housing Corp. (CMHC) said yesterday that its second operation to buy $7 billion in mortgage-backed securities from banks generated an average yield of 4.095 per cent.

The $25-billion program, announced Oct. 10, is meant to help domestic banks free up cash for lending, as their costs have risen in world credit markets.

The CMHC said the high yield accepted on five-year securities was 4.301 per cent and the low yield was 3.814 per cent, which is a narrower range than was seen in the first operation a week ago. REUTERS

Canwest nears penny stock days

MEDIA Shares of Canwest Global Communications Corp., Canada's biggest media company, slipped into penny-stock territory yesterday amid analyst downgrades, an advertising slowdown, and darkening outlooks in newspapers and television. The stock fell 15 cents to 95 cents in Toronto, down from $8.28 about a year ago. REUTERS

In brief

ENERGY Companies developing Canada's oilsands said yesterday they aim to cut spending, trim budgets, or defer multibillion-dollar projects in response to falling oil prices and the financial meltdown.

GAS EnCana said it will not revisit postponed plans to split into natural gas and oilsands arms until credit market turmoil calms. The company's third-quarter profit tripled on rising prices. REUTERS

Just dial 10•10•925 to save & WIN!

"THE YAK ATTACK IS BACK"

FREE CALLS FREE TRIPS FREE SERVICES

It's our biggest contest ever and it's so easy to enter.

Every time you use 10•10•925 for long distance you're automatically entered.
GRAND PRIZE: Win daily calls, weekly prizes and monthly flights to anywhere in the world! Plus lots of other cool prizes.

A MILLION CANADIANS TRUST YAK
Increase your chances of winning. Enter at www.yakattacks.ca

21¢/min. Philippines
5¢/min. Canada & USA
9¢/min. Italy & UK
9¢/min. Germany

"YAK ATTACKS THE WORLD" CONTEST

yak I can't believe it's a phone company.

This contest runs from 11:59 p.m. EST, September 2, 2008 to 11:59 p.m. EST, Wednesday, December 31, 2008 ("The Contest Period"). No purchase required. Enter by dialing 10-10-925 before your long distance call or by visiting www.yakattacks.ca and filling out an electronic entry form. Only one (1) no-purchase entry allowed per person. For more info and complete contest Terms & Conditions call 1-877-545-0835 or visit www.yakattacks.ca. Terms of service apply. Calls to cellular and/or special termination destinations may be billed at a higher rate. Visit www.yak.ca for complete service details.

you could WIN! a chance to

MEET JAMES BLUNT IN ROME AND BECOME HIS EDITORIAL ASSISTANT

On November 17, James Blunt will become Metro's global Editor for a Day. You could be the lucky winner – and become his Editorial Assistant. You and a friend will get return flights, accommodation and will spend some time in helping James Blunt at the Metro office in Rome on November 7, 2008. Runners up will win a copy of James Blunt's latest CD.

Tell us why you should be the winner (maximum 250 words) and answer the question:

What year does James Blunt sing about on his album "All the lost souls"?

A) 1973 B) 1988 C) 1997

Send your answers to
www.metronews.ca/win

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age. Contest closes October 25, 2008. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca.

metronews.ca

metro Do it daily.

By the numbers

In 2007, the average worker in a small business took home $694 a week, according to Statistics Canada. At that level, he or she earned nine per cent less than the average national weekly wage, and 16 per cent less than what they could have made working for a large company. **SOURCE: CBC NEWS ONLINE**

Small Business

Get networking

If you're looking to connect with other small business owners, check out grandandtoyempower.com. This newly launched community site is free to join and gives owners the chance to network with other small businesses.

METRO NEWS SERVICES

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

Financing as easy as ABC

Aboriginal Business Canada helps entrepreneurs build their dreams

Eleven years ago, Sean McCormick was a 23-year-old Métis student enrolled in the Manitoba Aboriginal Entrepreneurial Training Program with an idea, a business plan, and a dream.

Today, he's the owner of Blue Moose Clothing Company, the biggest manufacturer of mukluks in Canada, and possibly the world. Meanwhile, Blue Moose's annual sales have soared to seven figures, from first-year sales of $170,000, and McCormick employs more than 25.

Blue Moose Clothing Company is the biggest manufacturerer of mukluks in Canada.

What got him there?

McCormick credits Aboriginal Business Canada, a program that provides aboriginal entrepreneurs with almost $40 million a year to help them launch small businesses — and keep them growing. Those companies, in turn, are a source of employment for other aboriginals as well as non-aboriginals in often economically-depressed areas of the country.

One of the reasons ABC is so fundamental, says McCormick, is the requirement banks have in terms of the ratio of money would-be entrepreneurs must have for start-up costs before they're eligible for a loan. "Any new business takes a lot of capital, and that's definitely a stumbling block for aboriginal entrepreneurs," he says, noting aboriginals as a group are among the poorest in Canada.

"Any new business takes on a lot of capital, and that's definitely a stumbling block for aboriginal entrepreneurs."
Sean McCormick, Blue Moose Clothing owner

"They're generally starting brand new and don't have access to the financing others may," he says. "That's why ABC is a great thing. It can help bridge the gap."

Radek Bandzierz, of Aboriginal Business Canada, said in a 2007 interview that to be eligible for ABC funding, aboriginal entrepreneurs must come up with about 15 per cent of the value of the project. "Then we would invest a small amount of money that would permit you to go to a financial institution and borrow the rest."

The ABC contributions can be up to 60 per cent of the value of the project, but no more than $99,999. The average is $35,000 to $45,000, totalling $37.25 million each year.

That's down considerably from the $75 million ABC delivered annually, before 1996 budget cuts.

McCormick is a case in point of a learning curve in the program. After ABC helped him get his business going, they helped him finance a brochure and a catalogue, and four years ago, they helped him open a second factory.

McCormick says ABC is a resource, and the economic benefits of providing business start-up consulting and financing seem endless.

"Small business makes up more and more of the jobs and incomes of a general cross section of society," says McCormick. "And it's equally important, if not more so, to the aboriginal community. We do have a higher unemployment rate than the average, so it's terribly important that we support and foster aboriginal entrepreneurship." METRO NEWS SERVICES

No Matter Where You Call, No Matter What You Pay, Comwave Will Beat It... Guaranteed!
Even if you are paying less, call us and we'll beat it... GUARANTEED!
Pakistan 5.9¢
Philippines 11.9¢
Saudi Arabia 3.9¢
Sri Lanka 11.9¢
Afghanistan 24.9
Bangladesh 3.9
Cuba 85
Ecuador 12.9
Egypt 14.9¢
Guyana 29.9¢
India 6.9¢
Nepal 7.9¢
Haiti 16.9¢
Mexico 2.9¢
Honduras 16.9¢
Chile 2.9¢
Limited Time Offer
Call Now And Get Free Long Distance To Anywhere In The World $25
Call Long Distance Even From Your Cell Phone
No need to cancel your service provider.
$10 Free Long Distance for every friend you refer.
No Contracts
Unlimited Calling To Anywhere In Canada
You can even call from your cell phone!
$5 /month
Fully Featured Home Phone Lines
comwave Enhanced $14.95 Fully Featured
comwave One Rate $29.95 /month Unlimited Long Distance to Canada and USA
Caller ID
Voicemail
Call Forwarding
Call Waiting
Keep Your Existing Phone Number
Free Comwave to Comwave calls WORLDWIDE!
And Much More!
Call Now And Get One Month Of Phone Service FREE
What Rate Are You Paying?
comwave
1-866-380-6055
www.comwave.ca

By the numbers

The number of self-employment businesses in Canada grew by 18.6 per cent between 2001 and 2006, twice the rate of employment growth in the overall economy, according to the Canadian Federation of Independent Business. **SOURCE: CBC NEWS ONLINE**

From spouse to business partner

LAURA EGGERTSON
for Metro Canada

When Jerry Auger entered the restaurant business by buying an East Side Mario's franchise, he needed a business partner he could trust. He didn't have to look far — just across the kitchen table at his wife, Sue Auger.

Although she hadn't planned to become a partner in a small business with her husband, Mrs. Auger got caught up in the entrepreneurial fervour. Fifteen years later, the couple runs three restaurant businesses.

"The two of us together make a pretty strong team," says Jerry Auger from his office in his Guelph, Ont., home.

The Augers are among an estimated 227,000 Canadian couples — dubbed copreneurs — living and working together in the same small business, according to Statistics Canada. They work in businesses as varied as the family farm and retail, service and web-based companies, and according to Statistics Canada, they work a combined average of 87 hours a week, compared to dual-earners who were not running their own business together (they work a combined 74 hours).

The long hours, lack of benefits such as parental leave and guaranteed vacations, and the potential stress of working alongside the partner you just argued with about your daughter's boyfriend can affect both the business and the personal side of copreneurial relationships, says Becky Stewart-Gross, co-author of Sleeping With Your Business Partner: A Communications Toolkit for Couples in Business Together (Capital 2007).

Stewart-Gross, who wrote the book with her husband and business partner, Michael Gross, is a Wisconsin-based consultant specializing in leadership training.

The couple, who say copreneurial businesses are the fastest-growing segment of small businesses in the United States, surveyed more than 100 other copreneurs. The couples told them mixing the two arenas was the biggest source of tension within their relationship.

Working with your spouse has a high potential for stress and can affect both the business and personal sides of your relationship.

"We know one couple where they ended up getting divorced and kept the business, but for many others, both have split," she says.

One of the keys to preventing a divorce that can also sink a business is clear communication and ensuring the company is financed well enough to support two incomes, she says.

"No matter how much you think you're funded, you're probably not funded enough," Stweart-Gross says. "The financing will make all the difference as to the pressure it will put on you as a couple."

She also advises couples to develop a communication and conflict management plan before they set up the company — just the way they would plan a fire escape route.

"You don't want to talk about how to get out of the house when it's on fire," she says.

Another important factor for couples wanting to head off a split is to diversify their roles and responsibilities. That's a lesson the Augers have heeded, and one they consider crucial to both their marital and business success.

"I don't do what he does, and he doesn't do what I do," says Mrs. Auger, who oversees the book-keeping and supervises staffing as well as other day-to-day operations. Her husband, on the other hand, enjoys putting deals together, marketing and long-term strategy — so those are the tasks he takes on.

"We tend to be quite opposite in terms of some of the things we do, so we were able to find our places in our businesses fairly easy," says Mr. Auger.

The Augers made a point of scheduling family meals where they do not discuss their businesses, even if the discussion later spills into the bedroom. That helps, but finding time for everything remains difficult, Mr. Auger says. It is not unusual for the phone to ring in the middle of the night because an alarm has gone off at one of their restaurants, and he always brings a laptop on vacation.

"Financing will make all the difference as to the pressure it will put on you as a couple."
Becky Stewart-Gross

For years, the Augers didn't schedule vacations and found it difficult to organize a family trip. The upside was that their restaurants succeeded, with the Guelph franchise having 14 year-over-year sales increases in the 15 years it has been open. The downside was that personal time suffered.

"You always know at the back of your mind that whatever you're doing, your personal life with your wife could be better, your family life with your kids could be better, your business could be better if you spent more time on any one of those things," Auger says.

Big dreams for a small business?

We can help you grow your business into whatever you want it to be.

Contact us to find out how you can take advantage of one of our "Grow your Business" offers[1], and receive a free USB drive loaded with special tools and valuable offers.
Talk to a BMO representative today, call **1 877 262-5907** or visit **bmo.com/growyourbusiness** for more details.

BMO Bank of Montreal
Making money make sense™

[1] Promotion runs from October 1 to December 31, 2008, while quantities last.
™/® Trade-marks/registered trade-marks of Bank of Montreal.

THE HISTORY BOYS
By Alan Bennett

"Boy, are these guys good"
—THE VANCOUVER SUN
GRANVILLE ISLAND STAGE

HELD OVER–MUST CLOSE NOV 1
ARTSCLUB.COM
604.687.1644
ARTSCLUB THEATRE COMPANY

ROGERS

ABBOTSFORD
Seven Oaks Shopping Center
(604) 852-1211
West Oaks Mall
(604) 859-0970
Clearbrook Plaza
1468-3100 S Fraser Way
(604) 557-1211
BURNABY
Crystal Square
(604) 421-3328
Highgate Village
(604) 521-3328
Lougheed Mall
(604) 420-7979
Lougheed Mall Kiosk
(604) 421-3328
Metrotown at Metrotown
(604) 412-8000
Metropolis
(604) 430-3903
Metropolis Kiosk
(604) 718-2712
Metrotown Centre
(604) 412-8000
101-3855 Henning Dr.
(604) 451-2900
Willingdon Kiosk
(604) 437-8810
CAMPBELL RIVER
Discover Harbour
(250) 850-1535
Discover Harbour Ctr.
(250) 286-1008
CHILLIWACK
Cottonwood Mall
(604) 858-0917
CLOVERDALE
Cloverdale Shopping
Shopping Centre
(778) 571-0776
COQUITLAM
Coquitlam Centre Mall
(604) 941-6122
1071 Austin Avenue Way
(604) 945-6142
Coquitlam Ctr. Kiosk
(604) 944-8468
Hi-Bell North Rd.
(604) 941-6122
COURTENAY
Driftwood Mall
(250) 338-8822
DELTA
Scottsdale Mall
(604) 946-1211
Delta Shoppers Mall
110-8067 120th St.
(604) 599-1211
Bay Side Village
(604) 943-3602
5188 Ladner Trunk Rd.
(604) 946-7100
DUNCAN
Fort Centre
(250) 748-6388
FORT LANGLEY
Fraser Crossing
(604) 532-0440
Willowbrook Mall
(604) 532-9099
Willowbrook Kiosk
(604) 532-9099
Walnut Grove
(604) 881-2650
MAPLE RIDGE
Valley Fair Mall
(604) 460-2888
Westgate Mall
(604) 460-2888
MISSION
230-32130 Lougheed Hwy.
(604) 820-0811
NANAIMO
Nanaimo North Town Ctr.
(250) 729-0108
Mitchell Centre
(250) 390-5855
Port Place Mall
(250) 591-0108
2540 Kinsmen Rd.
(250) 756-0017
NORTH VANCOUVER
310-333 Brooksbank Ave.
(604) 983-3525
1422 Lonsdale
(604) 983-3525
Westwood Plateau Mall
1200-1198 Lynn Valley Rd.
(604) 984-8900
Lonsdale
(604) 983-3335
RICHMOND
1880-4300 No.3 Rd.
(604) 278-8563
Aberdeen Ctr.
(604) 279-0187
Admiralty Centre
(604) 279-8868
Continental SC
(604) 279-8868
10-8100 Granville Rd.
(604) 249-5550
Empire Centre
(604) 249-5550
Richmond Centre
(604) 273-2203
Richmond Mall
(604) 247-2255
Aberdeen Centre
(604) 303-8811
SAANICH
401A-3970 Shelbourne St.
(250) 385-2816
SURREY
Central City
(604) 583-7099
Guildford Town Centre
(604) 543-8882
Kendal Crossing
(604) 543-8882
Scottsdale Mall
(604) 536-1910
Strawberry Hill
Shopping Centre
(604) 582-7600
Kwantlen Town Mall
7-8430 128th St.
(604) 572-9955
Surrey Place
(604) 501-2500
101-7320 King George Hwy.
(604) 543-8882
Cloverdale Crossing Mall
191-6474 176th St.
(604) 574-1211
267-12388 76A Ave.
(778) 571-0776
500-18696 Fraser Hwy.
(604) 574-9260
Tsawwassen
36-40427 Tantalus Rd.
(604) 852-1122
Tsawwassen
Arsenal Centre Mall
(604) 662-0968
Tsawwassen Arms
7358 Harr St.
(604) 492-4991
Tsawwassen Mall
(604) 943-6282
6510 Fraser St.
(604) 325-6665
1907 Kurrent St.
(604) 267-1011
Oakridge Centre
(604) 267-1011
VANCOUVER
(604) 876-0886
208 Keefer St.
(604) 688-1211
5769 West Blvd.
(604) 267-6383
2505 Granville Skyway
(604) 736-1812
920 Davie St.
(604) 684-1981
922 Mainland
(604) 684-1981
UBC-2168 Western Parkway
(604) 221-5505
Vancouver
(604) 682-4333
1295 Robson St.
(604) 682-4333
1063 Robson St.
(604) 628-1388
Robson St.
(604) 379-1063
VICTORIA
153-2931 Jacklin Road
(250) 391-0885
Tillicum Mall
(250) 386-2282
Westshore Mall
(250) 391-0885
1306 Douglas St.
(250) 389-0818
Uptown Mall
(250) 380-5011
3388 Douglas St.
(250) 475-3535
Shelbourne Plaza
(250) 477-5999
1521 Cook Street Vill. Rd.
(250) 391-0885
WEST VANCOUVER
Park Royal North
(604) 921-1488
Park Royal South
(604) 921-4880
WHISTLER
(604) 932-2021

ROGERS plus

ABBOTSFORD
Abbotsford Shopping Centre
(604) 852-5852
Mt. Lehman
(604) 856-0151
Clearbrook
(604) 557-1240
BURNABY
Kensington
(604) 421-7500
North Road
(604) 421-7500
Metrotown
(604) 451-9231
Old Orchard Shopping Centre
(604) 421-7500
Brentwood Mall
(604) 320-0789
CHILLIWACK
Salish Plaza
(604) 824-1168
COQUITLAM
Coquitlam Plaza
(604) 941-6122
Austin Avenue Mall
(604) 931-5322
Westwood Plateau Village
(604) 464-5862
Como Lake Village
(604) 464-5862
COURTENAY
Courtenay Crossing Mall
(250) 334-3070
DELTA
Sunshine Hills Shopping Centre
(604) 591-7767
LANGLEY
Fraser Crossing
(604) 530-2422
Willowbrook Park Shopping Centre
(604) 530-2422
MAPLE RIDGE
Pacific Colonade
(604) 460-2888
Whonnock
(604) 460-6527
MISSION
Lougheed Mission Plaza
(604) 826-6527
NEW WESTMINSTER
Columbia Square
(604) 526-6213
Royal Square Mall
(604) 526-6213
NORTH VANCOUVER
Marine Drive
(604) 986-7500
Lonsdale
(604) 980-2261
Capilano Mall
(604) 983-9744
PORT COQUITLAM
Lougheed
(604) 552-1316
Shaughnessy Station
(604) 552-1316
RICHMOND
Francis
(604) 241-1711
Blundell
(604) 275-6848
Lansdowne
(604) 244-9446
Garden City Shopping Centre
(604) 244-9446
Ironwood Plaza
(604) 241-8441
SURREY
Scott Road
Shopping Centre
Guilford
(604) 588-8900
Newton
(604) 599-8880
Evergreen
(604) 599-8880
Cedar Plaza
(604) 581-7884
Peninsula Village Shopping Centre
(604) 535-6826
Surrey Place
(604) 584-7278
Clover Square Village
(604) 501-1211
TSAWWASSEN
Bayside Shopping Centre
(604) 943-6282
VANCOUVER
Arbutus
(604) 736-1915
Davie
(604) 687-8000
Fraser
(604) 264-9555
Kerrisdale
(604) 266-6097
Granville
(604) 266-6098
Jervis
(604) 669-7277
Main
(604) 732-5907
Oak Street
(604) 266-6098
Victoria Square
(604) 301-1836
Victoria
(604) 801-5252
VICTORIA
Quadra
(250) 361-4949
Canadian Tire Gatgate
(250) 478-8958
McKenzie
(250) 474-1276
Shelbourne
(250) 472-7522
Uptown
(250) 360-0388
Mayfair Shopping Centre
(250) 386-1211
Bay Centre
(250) 385-4151
Hillside Mall
(250) 370-1220
WEST VANCOUVER
Park Royal Shopping Centre
(604) 926-2623
Horseshoe Bay
(604) 925-6419
WHISTLER
Whistler Village
(604) 938-9555
WHITE ROCK
White Rock Plaza
(604) 538-9578

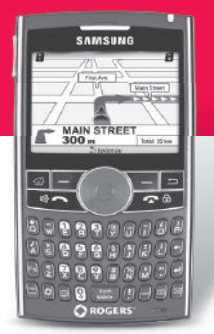
GET THE INFORMATION YOU NEED, WHEN YOU NEED IT

WITH MOBILE HI-SPEED INTERNET ON THE GO.

Rocket™ Mobile Internet Stick

$0

On a 1-year plan



Samsung JACK

$24.99

On a 3-year plan

NEW

BlackBerry® Bold™

$299.99

On a 3-year plan

CANADA'S FASTEST MOBILE NETWORK†
2X FASTER THAN ANY OTHER

Visit rogers.com/**GOTit**
or call 1.866.273.2960

ROGERS™

THE SOURCE by RADIO SHACK
ROGERS plus
ROGERS VIDEO
WIRELESSWAVE
GLENTEL
FUTURE SHOP
BEST BUY

†Comparison based on peak download speed of up to 7.2 Mbps for HSPA network as compared to peak download speed of up to 3.1 Mbps for 1xEvdo networks. Actual speed may vary. Fastest wireless network measuring download speeds within HSPA coverage.
™Trademarks of Rogers Communications Inc., used under license. All other brands, names and logos are trademarks of their respective owners; all rights reserved. © 2008 Rogers Wireless.

metro
Do it daily.
read metro. read mo

Brady's knee taking a turn for the worse?
ESPN reported yesterday that doctors are aggressively fighting an infection in New England Patriots quarterback Tom Brady's surgically repaired left knee. A person close to Brady told ESPN: "Tom is looking at months, not weeks, to fix this." METRO NEWS SERVICES

Sports

Demitra out a month?

The Canucks could be without forward Pavol Demitra for a month with a rib injury. Demitra has a fractured cartilage in his eighth rib and will be gone for three to four weeks, coach Alain Vigneault said Thursday. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Rays even up Series

WORLD SERIES – GAME 2

Rays 4 Phillies 2

James Shields threw nearly six shutout innings and B.J. Upton went 2-for-4 with a run batted in as the Tampa Bay Rays topped the Philadelphia Phillies, 4-2, in Game 2 of the World Series.

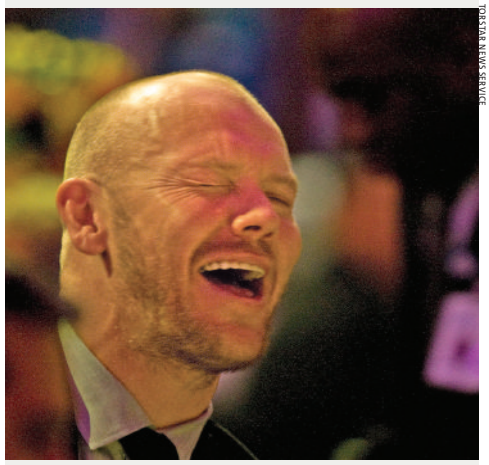
With the win, the Rays evened the best-of-seven matchup. Game 3 is scheduled for Saturday at Citizens Bank Park. Shields (1-0) gave up seven hits and two walks, but skated around and out of trouble to keep the Phillies off the scoreboard. He also struck out four. Dan Wheeler tossed a scoreless inning of relief, while rookie David Price threw the final 2 1/3 innings, giving up two runs.

REUTERS/MARK HUMPHREY

The Rays' Rocco Baldelli is tagged out at home plate by Phillies catcher Carlos Ruiz in the second inning in Game 2 of the World Series. Tampa Bay went on to a 4-2 win.

Carlos Pena and Evan Longoria hit RBI groundouts for Tampa Bay, which managed seven hits, all of them singles. Eric Bruntlett hit a pinch-hit solo homer for Philadelphia, while Carlos Ruiz finished with a pair of doubles and two walks. METRO NEWS SERVICES

Sundin watch **Training time?**



TORSTAR NEWS SERVICE

Mats Sundin was in Toronto last night attending a charity fundraiser. TSN also reported yesterday that Sundin is heading to California this week where he may begin skating and working out, possibly eyeing a December return to the NHL. TSN said on their website that the Canucks' offer to Sundin still stands. METRO NEWS SERVICE

Whitecaps' MLS bid gets stronger

SOCCER The Vancouver Whitecaps have added two more heavy hitters to their bid to bring a Major League Soccer franchise to the city.

Businessmen Steve Luczo and Jeff Mallett have been added to the list of potential owners along with NBA star Steve Nash and current Whitecaps owner Greg Kerfoot, the team said in a release Thursday.

The Whitecaps are one of seven prospective ownership groups that have submitted applications to become one of the next two teams to join the league by 2011.

METRO NEWS SERVICES

Here's a new one: a ticket price *decrease*

YorkReport

Marty York

marty.york@metronews.ca

MLB owners might be ordered to reduce their ticket prices next season.

Sources tell Metro that, immediately after the World Series, MLB executives will assemble for private meetings to discuss sensible ways to operate in the slumping economy — and slashing ticket prices at every stadium will be among the proposed ideas. The economic climate in the past season didn't cause major harm to the major leagues — they actually enjoyed record revenue of $6.5-billion U.S. and attendance figures only percentage points below their record-setting numbers of 2007 — but baseball execs still deem it necessary to emerge with ideas to attract customers next year, when economists anticipate a global recession.

And one of those ideas would be to cut ticket prices. That's good news for sports fans in general because, when one major sport comes up with a popular precedent, others often follow suit.

• The biggest mouth in the NHL, and probably in all sports, belongs these days to the Dallas Stars' Sean Avery, who takes shots at opponents with bizarre regularity. This week, Avery picked on new New York Rangers who used to play in Canadian cities — Markus Naslund and Wade Redden.

"The Rangers wouldn't pay me to stay but turned around and wasted good money to two other guys," Avery said. "New York is a tough place to play. Naslund and Redden won't be able to handle it. They played in Vancouver and Ottawa (respectively) and it's pressure-free in those places. But New York fans aren't going to put up with those two guys if things don't go smoothly. They won't live up to expectations and then they won't be able to handle how the fans will treat them. New York will eat up both of those guys."

• His name is Masami Tsuruoka. He is to Canadian karate what Babe Ruth was to baseball and Gordie Howe to hockey.

He is the father of Canadian karate. He founded this country's first karate school back in 1958, is the owner of a 10th-degree black belt and is renowned throughout the world for his contributions to his sport.

And, this weekend, he is being honoured in a series of celebrations that ought to merit considerable attention. Tsuruoka, 81, "is one of the finest people I have encountered in all of sports," renowned sports lawyer Gord Kirke told me. "He is a living legend." For details on this extraordinary man and the tributes planned for him, visit www.o-senseitsuruo ka50th.com.

• And please visit www.metronews.ca for my latest CFL Report.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

$5,000 TOUCHDOWN THRILLS CASH GIVEAWAY

ENTER TO WIN $5,000

Show your ticket at Edgewater Casino on game day of the Lions vs. Toronto home game October 25 and receive an entry into a draw for $5,000* cash at the NEXT Away Game!

*Winners must be present to receive full $5,000 cash prize. Winners not present will win $500 cash. Must be BC Gold Card Member to enter. Maximum of one (1) entry per person. Entry valid on original date of ticket only. Must be 19 years of age. No purchase necessary. See Guest Services for more information.

Edgewater Casino
DOWNTOWN VANCOUVER
At The Plaza of Nations
750 Pacific Boulevard South
Vancouver, BC V6B 5E7
604.687.3343
www.edgewatercasino.ca

British Columbia Lottery Corporation
Know your limit, play within it.
19+ YEARS

ore online metronews.ca metro Do it daily.

Seth selling out?
Funnyman Seth Rogen is shedding the pounds to play comic book character The Green Hornet, and he hates every minute of his weight loss. "I feel like a sell out, I feel lame, I feel like a guy I would make fun of," he says. IMDB.COM

Movies&Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Movies

Anne's castaway

Pg 16

STEPHEN LOVEKIN/GETTY IMAGES

Anne Hathaway offers a stunningly vivid portrayal of Kym, the black sheep of the family, in the film Rachel Getting Married — an honest and affectionate picture about dysfunctional people that hails the return of director Jonathan Demme's greatness.

movies Pg 16

Pride and Glory familiar, but packs a good punch.

music Pg 23

The Notwist's lastest work lulls, unsettles listeners.

westcoast Pg 22

Beat the cold weather blahs by staying active outdoors.

DiCAPRIO
CROWE
"A COMBUSTIBLE SPY THRILLER. GRITTY ACTION LACED WITH SIMMERING DRAMA."
Peter Travers, Rolling Stone
FROM THE DIRECTOR OF
AMERICAN GANGSTER AND BLACK HAWK DOWN
BODY OF LIES
TRUST NO ONE. DECEIVE EVERYONE.
www.body-of-lies.com
18A EXPLICIT VIOLENCE
NOW PLAYING!
Check Theatre Directory or www.warnerbroscanada.com for Locations and Showtimes
WARNER BROS. PICTURES
©2008 Warner Bros. Ent. All Rights Reserved

THE HISTORY BOYS
By Alan Bennett
"Boy, are these guys good"
—THE VANCOUVER SUN
GRANVILLE ISLAND STAGE
HELD OVER–MUST CLOSE NOV 1
ARTSCLUB.COM
604.687.1644
ARTSCLUB THEATRE COMPANY

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Edward Norton plays a cop in Pride and Glory.

Potent dialogue and powerful performances in Pride and Glory

Pride and Glory
Director: Gavin O'Connor
Stars: Edward Norton, Colin Farrell
Classification: 18A
Rating: ●●●

STEVE GOW
for Metro Canada

REVIEW Filmmaker Gavin O'Connor better hope that fans of this summer's blockbuster The Incredible Hulk follow its lead actor Edward Norton over to his new film, Pride and Glory.

Unfortunately, I seriously doubt most fanboys care much for a melodrama about a family of cops. Besides, there have been more flicks made about corrupt New York City cops than Dunkin' has donuts.

Norton stars as Ray Tierney, a traumatized detective who returns to the force at the urging of his police chief father (Jon Voight) to investigate the mysterious murder of four of NYPD's finest. Soon, Ray begins to discover his respected older brother (Noah Emmerich) and unrestrained brother-in-law (Colin Farrell) may be involved in a deep-rooted scandal.

Exploring themes of loyalty and integrity, Ray is torn between his close-knit family and the NYPD, forced to confront his own pained morality. Norton is well cast and provides the perfect subtle intensity to the struggling detective. In fact, the entire cast is mostly as excellent as they should be given the material; Rich with detail and character.

This drama's dialogue may be its prime potency, but it's also a drawback — at over two hours long, the flick becomes a bit too tiresome.

With powerful performances, a dark and melancholic tone, and a climactic fight scene that delivers the punches with, well, a punch, Pride and Glory may be all too familiar but it's a respectably intense ride nonetheless.

An honest look at family

Director Jonathan Demme returns to form in Rachel Getting Married

Rachel Getting Married
Director: Jonathan Demme
Stars: Anne Hathaway, Rosemarie Dewitt
Classification: 14A
Rating: ●●●●½

KEVIN COURRIER
for Metro Canada

During the '80s, director Jonathan Demme (Melvin and Howard, Something Wild) demonstrated one of the most open, democratic spirits in American movies.

But it was after he was honoured with an Academy Award for the uncharacteristically turgid Silence of the Lambs in 1991, that celebrated open-heartedness went largely missing from his work (Philadelphia, Beloved).

In the moving and richly textured Rachel Getting Married, Demme's supple touch thankfully returns. Like last year's Margot at the Wedding, Rachel Getting Married also examines unresolved family issues and the skeletons that come tumbling out of the closet.

But unlike the smugly mean-spirited Margot, Rachel Getting Married is an honest and affectionate picture about dysfunctional people.

Anne Hathaway plays Kym, the black sheep of her family, in Rachel Getting Married.

Kym (Anne Hathaway), the black sheep of the clan, returns to her family home for the wedding of her sister Rachel (Rosemarie Dewitt).

But her arrival initially stirs up more grief than happy memories. Throughout the course of the day, the party struggles to find union and an acceptance of their differences.

"Without a trace of self-consciousness, Anne Hathaway gives her most vividly engaging performance on the screen."

Without a trace of self-consciousness, Anne Hathaway gives her most vividly engaging performance on the screen. She is given ample support as well from a terrific ensemble including Dewitt, Bill Irwin as her desperate-to-please father, and Debra Winger as her quietly anxious mother.

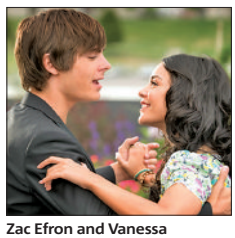
In Rachel Getting Married, Jonathan Demme has once again renewed his vows with the movie audience.

"A FANTASTIC, HILARIOUS, ORIGINAL COMEDY!"
-AIN'T IT COOL NEWS
JOSH ZUCKERMAN AMANDA CREW CLARK DUKE
SETH GREEN AND JAMES MARSDEN
SEX DRIVE
HOW FAR WOULD YOU GO TO GO ALL THE WAY?
18+ FREQUENT COARSE LANGUAGE, SEXUALLY SUGGESTIVE SCENES
See the trailer at sexdrivethemovie.com
NOW PLAYING! CHECK THEATRE DIRECTORIES FOR LOCATIONS AND SHOWTIMES

High School Musical 3 squeaky clean

High School Musical 3: Senior Year
Director: Kenny Ortega
Stars: Zac Efron, Vanessa Hudgens
Classification: G
Rating: ●●●½

STEVE VEALE
for Metro Canada


Zac Efron and Vanessa Hudgens are back to face their senior year.

REVIEW It's very likely that only a handful of adults — those with children too young to drive at home — have seen the previous two High School Musical incarnations that follow the dancing and singing students of Albuquerque's Eastside High.

The movie isn't geared toward my age group, so I thought it best to bring my friend's teenage daughter and get her opinion on the third entry in Disney's franchise.

Krystal Nausbaum is not only a fan of the series, but an actress as well; she has appeared at Toronto's Young Peoples Theatre and plays Phoebe in the Emmy-nominated movie The Memory Keeper's Daughter, just released on DVD. Good credentials.

In the third entry, seniors Troy (Zac Efron) and Gabriella (Vanessa Hudgens) are making the realization their time together is dancing-by as graduation — and the spring high school musical — nears.

In Krystal's opinion, the movie was excellent, and seeing it up on the big screen — the other entries were made for TV — was a much better visual experience. This one, she added, had more singing and dancing then the previous two, and a slower-version of We're All In This Together.

"I felt sad for Troy — Zac is even hotter in this one — and Gabriela when they had to be separated by going to different schools, but …"

Sorry Krystal, you can't give it all away.

But what about adults? They can actually attend the movie without too much fear. Sure, the storyline is very basic, and squeaky Mickey Mouse-clean — you may doze off occasionally — but there is great energy in this film.

There is also colourful choreography and singing from kids you may never have heard of before. But you can bet the young viewers in your life have.

In Krystal's opinion: Four out of five. In mine: Three.

"CANADIANS HAVE AN OPPORTUNITY TO CELEBRATE THEIR OWN HISTORY."

-GLOBE AND MAIL

PASSCHENDAELE

A Canadian victory

After the interminable spoon-feeding of American war stories and great moments past to Canada's long-suffering movie watchers, director and actor Paul Gross deserves our gratitude and our business for his achievement in telling the story of Canadian heroism and sacrifice during the First World War. For once, Canadians have an opportunity to celebrate their own history and one of their own stories. We should flock to the theatres to see Passchendaele.

Some critics - perhaps trained to expect of Hollywood filmmakers' epic American histories entwined with love confection, and of Canadian filmmakers' earnest, accurate but low budget docudramas - don't quite know what to make of Mr. Gross's film.

Mr. Gross spent years working to raise the money to bring the film to the large screen. In doing so, he was inspired by accounts of the war shared by his own grandfather. That he succeeded is an exceptional accomplishment. The same can be said for the film. It has harrowing battle scenes unlike anything ever staged for a Canadian film, scenes that are a trademark of a Hollywood production. But for once the actors are wearing Canadian uniforms and are bringing to life a moment of Canada's storied war history.

Passchendaele also depicts life during the period. Not Alberta posing as the American West, but unabashedly Canada. And there is a love story. Again, that's what Americans do, and it is what makes American entertainment so popular. And yet Mr. Gross's film eschews waving the Canadian Red Ensign in the way that many U.S. films do the Stars and Stripes. No wonder some critics are baffled.

But if they go to see it, Canadian filmgoers will not be confused. What Mr. Gross has done is create a sweeping, epic film that presents a great moment from Canada's past in an intelligent way but in a way that will appeal broadly to Canadians. It is a fine achievement, and whether or not it earns a Genie Award or an Oscar, it should earn Mr. Gross the Order of Canada.

THE GLOBE AND MAIL

A FILM BY PAUL GROSS

PASSCHENDAELE

VIOLENCE

GO BEHIND THE SCENES OF PASSCHENDAELE @ WWW.PASSCHENDAELETHEMOVIE.COM www.alliancefilms.com

CINEPLEX ENTERTAINMENT SCOTIABANK THEATRE VANCOUVER *	CINEPLEX ENTERTAINMENT SILVERCITY METROPOLIS *	CINEPLEX ENTERTAINMENT SILVERCITY RIVERPORT *	CINEPLEX ENTERTAINMENT SILVERCITY COQUITLAM *	CINEPLEX ENTERTAINMENT COLOSSUS LANGLEY *	CINEPLEX ENTERTAINMENT PARK & TILFORD *
EMPIRE THEATRES STUDIO 12 GUILDFORD *	CINEPLEX ENTERTAINMENT GRANDE STRAWBERRY HILL *	CINEPLEX ENTERTAINMENT MEADOWTOWN CENTRE *	CINEPLEX ENTERTAINMENT SILVERCITY MISSION *	CINEPLEX ENTERTAINMENT RICHMOND CENTRE 6 *	LANDMARK CINEMAS ABBOTSFORD TOWNE *
INDEPENDENT GARIBALDI SQUAMISH *	WHISTLER VILLAGE 8 CINEMAS *	NOW PLAYING!			

Check Theatre Directory or www.alliancefilms.com for showtimes. * DIGITAL SOUND

BOOK YOUR CINEPLEX ENTERTAINMENT OR EMPIRE THEATRES GROUP SALES TODAY!

Visit cineplex.com or call 1-800-313-4461. | Visit empiretheatres.com or call 1-888-879-4629

"AN INTENSE, SUPERBLY ACTED, AND RIVETING POLICE DRAMA."

Jeffrey Lyons, NBC REEL TALK

"SEARING, HEARTFELT AND BRUTALLY HONEST."

Peter Travers, Rolling Stone

EDWARD NORTON COLIN FARRELL

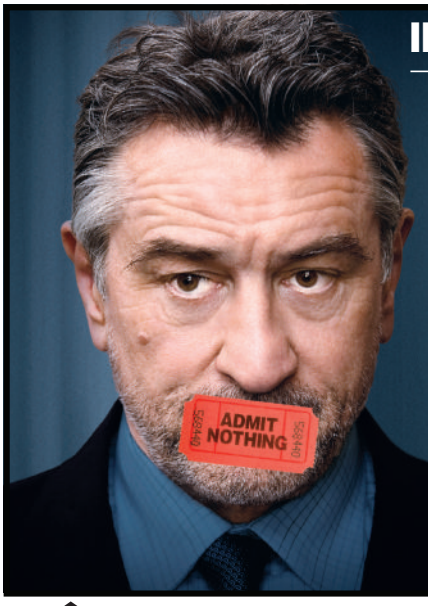
PRIDE AND GLORY

NEW LINE CINEMA PRESENTS A SOLARIS ENTERTAINMENT/O'CONNOR BROTHERS PRODUCTION
A GAVIN O'CONNOR FILM EDWARD NORTON COLIN FARRELL "PRIDE AND GLORY" JON VOIGHT NOAH EMMERICH
JENNIFER EHLE CO-PRODUCER JOSH FAGIN EXECUTIVE PRODUCERS TOBY EMMERICH CALE BOYTER MARCUS VISCIDI PRODUCED BY GREGORY O'CONNOR
STORY BY GAVIN O'CONNOR & GREGORY O'CONNOR & ROBERT HOPES SCREENPLAY BY JOE CARNAHAN & GAVIN O'CONNOR
DIRECTED BY GAVIN O'CONNOR

NEW LINE CINEMA 18A VIOLENCE, FREQUENT COARSE LANGUAGE alliancefilms.com www.prideandglorymovie.com ALLIANCE

CINEMARK CINEMAS TINSELTOWN *	CINEPLEX ENTERTAINMENT SILVERCITY RIVERPORT *	CINEPLEX ENTERTAINMENT SILVERCITY COQUITLAM *	CINEPLEX ENTERTAINMENT COLOSSUS LANGLEY *	EMPIRE THEATRES STUDIO 12 GUILDFORD *	CINEPLEX ENTERTAINMENT MEADOWTOWN CENTRE *
CINEPLEX ENTERTAINMENT SILVERCITY MISSION *	CINEPLEX ENTERTAINMENT STATION SQUARE 7 *	LANDMARK CINEMAS ABBOTSFORD TOWNE *	WHISTLER VILLAGE 8 CINEMAS *	EMPIRE THEATRES ESPLANADE 6 *	* DIGITAL SOUND

STARTS TODAY! Check Theatre Directory or www.alliancefilms.com for showtimes.



IN HOLLYWOOD, EVERYONE CAN HEAR YOU SCREAM.

"A SUPERB, WITTY LOOK AT HOLLYWOOD. De Niro is perfect; Bruce Willis portrays himself hilariously."
Jeffrey Lyons, NBC/REEL TALK

"A CRACKLING COMEDY, SCATHINGLY FUNNY. ONE OF MY FAVORITE MOVIES THIS YEAR. What a cast, what performances, what fun!"
Gene Shalit, TODAY SHOW

ROBERT DE NIRO

WHAT JUST HAPPENED

SEAN PENN CATHERINE KEENER JOHN TURTURRO ROBIN WRIGHT PENN STANLEY TUCCI KRISTEN STEWART MICHAEL WINCOTT BRUCE WILLIS

magnolia pictures VIOLENCE, COARSE LANGUAGE WHATJUSTHAPPENEDFILM.COM ALLIANCEFILMS.COM ALLIANCE

IN THEATRES FRIDAY, OCTOBER 31ST!

ALLIANCE proud sponsor of BREAST FEST Film Festival November 21 & 22 for details log on to www.breastfestfilmfest.com
(IN SUPPORT OF BREAST CANCER RESEARCH)

ALLIANCEFILMS.COM

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Saw franchise ups the horror ante

RICK MCGINNIS
Metro Canada

Movie feature

Toronto native David Hackl was nicely set up to take over the director's chair on the fifth film of the Saw franchise after being production designer on its three predecessors, and second unit director on the last two.

The new film arrives in theatres today virtually unseen, and so far the only thing we can say for sure is that the Jigsaw Killer, the villain of the first three films, was definitely dead in the fourth, but there are no assurances that he's gone.

Such is the world of the Saw films, begun four years ago by director James Wan, a place where reality is as slippery as morality, and the only thing you can be sure of is that a lot of people will die horribly by the time the credits roll. Along with Eli Roth's Hostel and a host of films from Japan and Korean, the Saw franchise is credited with upping the ante on horror, and even taking it well past the point where some of its fans, as much enamoured with its kitsch value as the gore, felt comfortable.

"You can even see that the censor board approves things that would never have been approved even five years ago," Hackl tells me. "Partly due to things like the Saw franchise, Quentin Tarantino's films, Eli Roth's films, and I think that with the media nowadays we've become very desensitized to violence.

"I don't think there's very many people who've seen it that can forget the image of a monk lighting himself on fire, all those years ago, but when you think about when that happened — that was in the '60s, and yet that was on the news, and I think the news and their portrayal of the real world has changed so much, and people can take a whole lot more."

More gruesome deaths are expected in Saw V.

The naked truth: Smith takes a risk

JIM REYNO
Metro Canada

Seth Rogen and Elizabeth Banks star in Kevin Smith's Zack and Miri Make a Porno. It opens next Friday.

FEATURE Got porn? Easily. How easily? Easily enough that a movie about two friends making a porno for money doesn't seem far fetched. At all.

"When I was younger, you had to struggle to get your hands on adult material," said Kevin Smith, writer/director of Zack and Miri Make a Porno. "You actually had to leave your house and go somewhere. Now, you can just flip open your laptop and you have at a keystroke, at your fingertips, any number of sexual scenarios …

"To me, once it's in your home, that's mainstream, man. Even though the computer is the device that conveys it, it's just as commonplace now as the refrigerator or the microwave."

The mainstreaming of pornography is one of the issues Smith addresses in his raunchy romantic comedy about Zack (Seth Rogen) and Miri (Elizabeth Banks). It hits theatres next Friday.

"Sex obviously is used to sell any number of things in this culture," Smith said in an interview during the Toronto International Film Festival. "And porn sex, I think is about as widely accepted as it can be in a country like ours down south that is still a bit puritanical with its attitudes toward sex."

Smith's own feelings about living in a porn-at-a-keystroke society are shaped by the fact he has a nine-year-old daughter.

"At the end of the day, when my kid is old enough and curious enough, she'll be able to look something up online that I never was able to do when I was younger," Smith said.

"Does that unnerve me? I don't know. I hope we just raise her well enough to be like, 'Look, just understand this is not what sex truly is. This is a representation of sex and as such, they take certain liberties.'"

A lack of money is central to Zack and Miri's decision to have sex on camera. They're two people playing by the rules, but they can't get ahead financially — just like a lot of people these days.

"When I was writing it, we weren't really in the throes of a really weak-ass economy," said Smith. "But now, by the time the movie's done and coming out, the economy is in the toilet. And suddenly, the movie seems very plausible. Whereas before, it was just like, 'Wow, what a whimsy this is.'

"But now, it's just like, 'Hey man — for a quick buck … maybe.' I kind of like that."

Pacino feted at Rome International Film Festival

HONOUR A lifetime achievement award for Oscar-winning actor Al Pacino kicked off the Rome film festival on Wednesday, bringing a Hollywood veteran to the movie showcase which this year has a markedly European flavor.

Pacino received the award as one of the great alumni of New York's Actors Studio — the celebrated drama school where he and other actors like Robert De Niro, the late Paul Newman and Marilyn Monroe learned the ropes of the business.

He also took questions from members of the public — a trademark feature of the Rome festival where audiences get to meet their favorite stars.

The 68-year-old, who comes from a family of Italian immigrants to America, was nominated for an Oscar eight times for films like The Godfather, Serpico and Dog Day Afternoon.

REUTERS

Al Pacino arrives at the Rome International Film Festival.

Visit metronews.ca/movies to get showtimes, watch trailers and read reviews.

Reel Time

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Butler has a blast with RocknRolla

STEVE GOW
for Metro Canada

Movie **feature**

Gerard Butler has one thing he wants you to know about his latest movie, RocknRolla: "It's not brain surgery; it's not going to change people's lives, but it is really fun."

It's not that surprising Butler comes across so cavalier during a recent interview in Toronto.

After all, dressed in casual jeans and t-shirt, the laid-back actor prefers to be called "Gerry" and carries an aura of unrefined honesty about him.

It's unclear whether that stems from his Scottish heritage or the assuredness that comes with making such cinematic blockbusters as 300. Maybe it's just the sheer pleasure of having a job that you love.

"Acting," Butler simply offers, is the greatest part of showbiz. "There's many other things you do that are not about making a movie and I didn't know it was going to be like that, but my favourite thing is literally the pure part of acting."

It's probably easy for Butler to say that while promoting RocknRolla — a hilarious crime-caper that hits theatres next Friday.

Written and directed by Guy Ritchie (Snatch), the drama stars Butler as a small-time crook that gets caught up in a twisted, labyrinthine real estate scam that pits him against a maniacal mobster, indestructible Russian hit men and a buddy who surprisingly comes out of the closet.

"If you were really to truthfully look in our eyes — most of the cast members — then you'd go, 'These guys are having a lot of fun doing this'," admits Butler.

"I like it when people (see that) because that is what we want people to see — a movie that they have fun watching, but also that they can see everybody had fun making."

"(RocknRolla's) not brain surgery; it's not going to change people's lives, but it is really fun."
Gerard Butler

Perhaps the main reason the film was such a blast was due to Guy Ritchie's expeditious-but-easy style of filmmaking — a frenetic energy that certainly crosses over into his movies, and surely was the foremost lure for Butler.

"What he does is he draws surprisingly interesting characters," observes Butler.

"When you think you're getting to know someone, something completely different happens and that, to me, is a lot of fun to get involved with. Plus, he's become a bit of a legend — you think, 'Guy Ritchie! How could I not want to work with that?'"

Gerard Butler plays a petty street crook in Guy Ritchie's new movie, RocknRolla.

A fine balance in I.O.U.S.A.

I.O.U.S.A.
Director: Patrick Creadon
Classification: G
Rating: ●●●●●

ROBYN YOUNG
for Metro Canada

Republican Congressman Ron Paul is among those who speak about the United States' growing debt in the Patrick Creadon documentary I.O.U.S.A.

FEATURE "If you don't have any money, you should not buy anything," comic Amy Poehler reads from the first chapter of a debt-management book during a Saturday Night Live sketch.

"It sounds confusing," Steve Martin chimes in with a bewildered look on his face as the audience breaks into laughter.

Clips from this SNL routine run throughout I.O.U.S.A. The documentary — adapted from Addison Wiggin and William Bonner's book Empire of Debt — serves as a metaphor for how the United States has arrived at such a crippling national debt: More than $10 trillion US.

The documentary chronicles the last 150 years of the United States economy, pointing out that the country has reached its most serious fiscal crisis in the past seven years — during the reign of President George W. Bush.

Directed and co-written by Patrick Creadon, the film offers a welcome mix of humour and devastating financial facts and figures, hitting just the right balance between entertainment and education.

David Walker, former comptroller general for the United States, narrates as camera crews follow him and the Concord Coalition's Robert Bixby through 26 states on their Fiscal Wake-up Tour.

Between interviews with the likes of Federal Reserve chairman Alan Greenspan, author Bonner and former treasury secretary Paul O'Neill, and clips from speeches by United States presidents past and present, the viewer is treated to shots of the national debt clock, which climbs ever closer to the $9 trillion mark by the end of the film.

While I.O.U.S.A. may not be quite as entertaining as a Michael Moore special, it's an important film that brings to light the trouble the American economy is facing and the fact it's likely going to get worse before it gets better.

But it's not all gloom and doom, Bixby asserts near the end.

"If it were all gloom and doom, we wouldn't be doing this," he says.

Today,
Be The First To See Their
Last Year Together...
WALT DISNEY PICTURES PRESENTS
HIGH SCHOOL MUSICAL 3
SENIOR YEAR
Soundtrack Features 10 New Songs By The Original Cast Available Now!
disney.com/HSM3
STARTS TODAY!
For Theatres and Showtimes:
Check local listings or visit disney.com/HSM3

Reel Time

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Movie **morsels**

W.

●●●●

REVIEW Perhaps the most surprising aspect of Oliver Stone's impressive film is just how rounded of a portrayal he's made of George W. Bush. Make no mistake, Stone does not present Bush as a strong leader, but he does at least explain how he managed to make his many mistakes. Josh Brolin perfectly captures all of Bush's mannerisms without ever slipping into the realm of a Saturday Night Live impersonation. It's a truly exceptional piece of acting that solidifies Brolin's sudden rise to prominence in Hollywood.

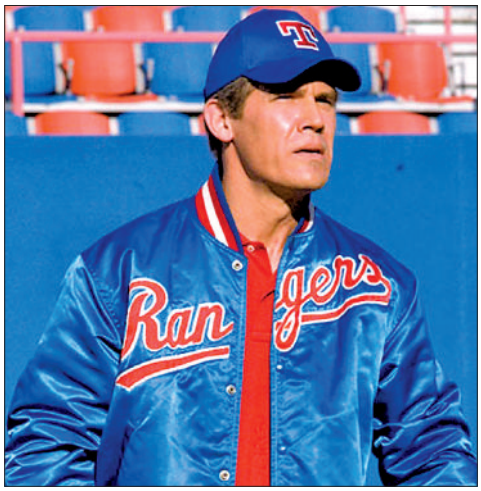
Phil Brown/For Metro Canada

Max Payne

●●●½

REVIEW Max Payne is another hit video game-turned-Hollywood blockbuster. As the title character, Mark Wahlberg is an angry maverick cop who is determined to find those who killed his wife and child. Shirking his civic duty, Payne conspires with a sexy assassin — Mila Kunis of That '70s Show — and discovers an underworld that may be connected to otherworldly demons. This thriller follows suit in the respect that it certainly seems overly focused on Payne and his quest. By doing so, other aspects (the central plot twist for instance) are too obvious and unembellished. That said, Payne knows its limitations and makes no apologies; it has stunning choreography, and brooding Wahlberg was made for this role. Most importantly, this movie is big, brash and perhaps better than any other video-game adaptation.

Steve Gow/For Metro Canada



Josh Brolin has his Bush-isms down pat in W.

Beverly Hills Chihuahua

●●

REVIEW These days, it seems Hollywood producers are all wondering the same thing: If my dog could speak, what would it say? Well, Beverly Hills Chihuahua is the latest talking animal flick to heed that query and — according to one cheeky chihuahua, at least — the answer is, "Oh no she didn't!" Featuring the voices of Drew Barrymore, Andy Garcia and other celebs, Chihuahua is a harmless "tail" (Ha!) about a snooty, rich lapdog that gets lost in Mexico and must journey back to Rodeo Drive. Along the way, she encounters a mélange of muttering mutts and an annoying animated rat-iguana duo that, in the end, teach us life lessons.

Steve Gow/Metro Canada

Blindness

●●●

REVIEW Based on the acclaimed book by Nobel laureate Jose Saramago, Blindness was deemed unfilmable. Well that was until multi-talented Canadian actor/writer Don McKellar — perhaps most famous as the playwright of The Drowsy Chaperone — got his hands on it. The story of a city besieged by a strange disease that causes everyone to suffer a "white blindness," this film is part-allegory, part-dystopian drama. Simply put, as everyone except Julianne Moore loses their sight and is put in quarantine, society crumbles into chaos, violence and disarray not unlike we've seen in such fare as Lord of the Flies. Sometimes, it makes for a harrowing suspense drama, and director Fernando Mereilles (The Constant Gardener) adds a notable visual flair that will either evoke an impressive sense of dread or simply nauseate you.

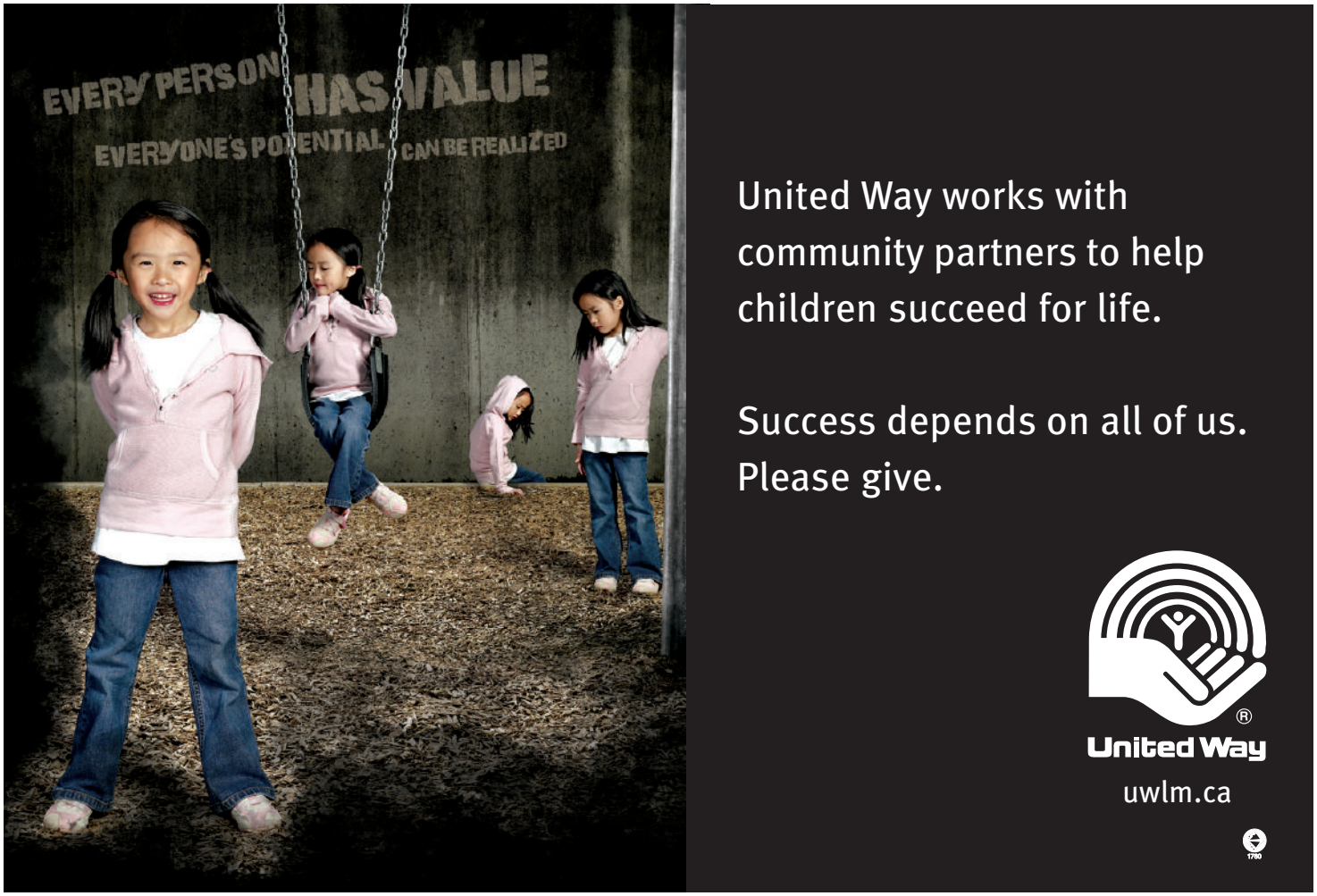
Steve Gow/Metro Canada

Body of Lies

●●●

REVIEW Body of Lies is banking on the notion that an unseen power can control our every move. In the case of director Ridley Scott's latest film, that omnipotent surveillance is set in the Middle East where CIA field agent Roger Ferris (Leonardo DiCaprio) is tracking down an Osama bin Laden-like terrorist. Observing Ferris's moves from the eyes of unmanned spy drones, stay-at-home chief Ed Hoffman (Russell Crowe). For Ferris, this disconnect is the perfect example of the problems in the Middle East: If those directing the War on Terror cannot relate to the situation on the ground, how can they solve the quandary there? I suppose that's the political expression of the film.

Steve Gow/Metro Canada


EVERY PERSON HAS VALUE
EVERYONE'S POTENTIAL CAN BE REALIZED
United Way works with community partners to help children succeed for life.
Success depends on all of us. Please give.
United Way
uwlm.ca

Cineplex | Empire | AMC | Alliance Atlantis | ATNY | Independent | Criterion

Screen Times

THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 24 TO THURS., OCT. 30. TIMES ARE SUBJECT TO CHANGE.

This week's new releases are highlighted in red.

Vancouver

OMNIMAX THEATRE SCIENCE WORLD
1455 Quebec St., 604-443-7443

The Alps (STC) Fri-Thu 12-2-4 Fri-Sat 8:30

Grand Canyon Adventure: River at Risk (STC) Fri-Thu 1 Sat 7:30

Journey Into Amazing Caves (STC) Fri-Thu 11-3 Fri 7:30

Pulse: A Stomp Odyssey (STC) Sat-Sun 5

CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

Dinosaurs 3D: Giants of Patagonia (STC) Fri-Thu 1-9

Fly Me to the Moon 3-D (G) Fri-Thu 3-6

Wild Ocean (G) Fri 12-2-8-10 Sat-Sun 12-2-5-8-10 Mon-Thu 12-2-8-10

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

Body of Lies (18A) Fri-Thu 7-9:30

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

The Boy in the Striped Pajamas (PG) Tue 7

The Duchess (14A) Fri-Thu 1:30-4:30-7-9:20

I've Loved You So Long (G) A.M. Tue 10

Religulous (PG) Fri-Thu 2-4:40-7:10-9:25

The Secret Life of Bees (PG) Fri-Mon 1:45-4:10-7:30-9:45 Tue 1:45-4:10-9:45 Wed 1:45-4:10-7:30-9:45 Thu 1:45-4:10-9:45

Tell No One (14A) Fri-Thu 1:15-4-6:50-9:35

Vicky Cristina Barcelona (PG) Fri-Tue 2:15-4:20-7:20-9:40 Wed 2:15-4:20-9:40 Thu 2:15-4:20-7:20-9:40

GRANVILLE
855 Granville St., 604-684-4000

Appaloosa (PG) DTS Digital Fri 7:05-9:45 DTS Digital Sat-Sun 1:45-4:25-7:05-9:45 DTS Digital Mon-Thu 7:05-9:45

The Dark Knight (14A) Dolby Stereo Digital Fri 8 Dolby Stereo Digital Sat-Sun 1:25-4:35-8 Dolby Stereo Digital Mon-Thu 8

Don Giovanni — Mozart (Opera) (STC) Sat-Sun 12

The Express (PG) DTS Digital Fri 6:50-9:35 DTS Digital Sat-Sun 1:20-4:05-6:50-9:35 DTS Digital Mon-Thu 6:50-9:35

How to Lose Friends & Alienate People (14A) Dolby Stereo Digital Fri 7-9:30 Dolby Stereo Digital Sat 4:10-7-9:30 Dolby Stereo Digital Sun 9:30 Dolby Stereo Digital Mon-Tue 7-9:30 Dolby Stereo Digital Wed 9:30 Dolby Stereo Digital Thu 7-9:30

I.O.U.S.A. (G) DTS Digital Fri 7-9:40 DTS Digital Sat-Sun 1:35-4:20-7-9:40 DTS Digital Mon-Thu 7-9:40

Nights in Rodanthe (PG) DTS Digital Fri 7:10 DTS Digital Sat-Sun 1:50-7:10 DTS Digital Mon-Thu 7:10

Tropic Thunder (18A) DTS Digital Fri 9:20 DTS Digital Sat-Sun 4:15-9:20 DTS Digital Mon-Thu 9:20

Vicky Cristina Barcelona (PG) DTS Digital Fri 9:25 DTS Digital Sat-Sun 4:30-9:25 DTS Digital Mon-Thu 9:25

The Women (PG) DTS Digital Fri 6:55 DTS Digital Sat-Sun 1:40-6:55 DTS Digital Mon-Thu 6:55

WWE: Cyber Sunday (STC) Sun 5

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211
hollywoodtheatre.ca

Listings not available at press time.

OAKRIDGE
650 West 41st Ave., 604-263-1944

Body of Lies (18A) Fri 7:10-9:50 Sat-Sun 1:20-4:10-7:10-9:50 Mon-Thu 7:10-9:50

High School Musical 3: Senior Year (G) No Passes Fri 6:45-9:15 No Passes Sat-Sun 1:3:45-6:45-9:15 No Passes Mon-Thu 6:45-9:15

Max Payne (14A) Fri 7-9:25 Sat-Sun 1:30-4:7-9:25 Mon-Thu 7-9:25

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456
cinematheque.bc.ca

The 400 Blows (STC) Thu 9:10

Constantine's Sword (STC) Fri 9:25 Sat 7:30 Sun 9:25 Mon 7:30

Louise Bourgeois: The Spider, the Mistress and the Tangerine (STC) Fri 7:30 Sat 9:25 Sun 7:30 Mon 9:25

Nosferatu (STC) Wed 7:30

Un Deux, Trois Truffaut! (STC) Thu 7:30

PARK THEATRE
3440 Cambie Street, 604-876-2747

Kung Fu Panda (G) A.M. Sat 10:30

Rachel Getting Married (PG) Fri-Thu 1:30-4-7-9:30

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

Food Matters (STC) Wed 7

Ghost Town (PG) Wed 1

The Harvest Project (STC) Thu 9:30

Royal Opera: Don Giovanni (STC) A.M. Sun 10

W. (PG) Fri-Tue 4-7-9:35 Wed 4-9:35 Thu 4-7

RIO ON BROADWAY
1660 E. Broadway, 604-878-Film
riotheatre.ca

W. Fri 7-9:45 Sat-Sun 4-7-9:45 Mon-Thu 7-9:45

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

Body of Lies Fri-Thu 1:10-4:10-7:20-10:20

Bowfire (STC) Wed 7

Burn After Reading (14A) Fri-Tue 1:20-3:40-6:45-9:40 Wed-Thu 1:20-3:40-9:40

Ghost Town (PG) Fri-Thu 4:15-7:10-9:30

High School Musical 3: Senior Year (G) No Passes Fri-Thu 1-4-7-9:45

Max Payne (14A) Fri-Thu 12:35-3-5:20-7:50-10:15

Morning Light (G) Fri-Thu 1:50

Nick and Norah's Infinite Playlist (PG) Fri-Sun 1:30-3:50-6:40-9:20 Mon 1:30-3:50-9:20 Tue-Thu 1:30-3:50-6:40-9:20

Passchendaele (14A) Fri-Thu 12:40-3:30-6:50-10

Religulous (PG) Fri-Tue 1:40-4:20-7:30-10:10 Wed 1:40-4:20-10:10 Thu 1:40-4:20-7:30-10:10

Saw V (18A) Fri-Thu 12:30-2:50-5:15-8-10:30

TINSELTOWN
International Village, 88 West Pender, 3rd floor, 604-806-0799
cinemark.com

Beverly Hills Chihuahua (G) Fri-Thu 1:35-4:40-7:10-9:30

Blindness (18A) Fri-Thu 1:15-4:15-7:45-10:30

City of Ember (PG) Fri-Thu 1:3:10-5:30

Closing the Ring (PG) No Passes Fri-Thu 1:40-4:20-7:20-10:05

The Duchess (14A) Fri-Thu 1:50-4:25-7:25-10

Eagle Eye (PG) Fri-Thu 1:25-4:10-7:35-10:15

Happy-Go-Lucky (PG) No Passes Fri-Thu 1:10-4:05-7:05-9:50

Pride and Glory (18A) No Passes Fri-Thu 1:45-4:45-7:40-10:35

Quarantine (14A) Fri-Thu 1:05-3:15-5:25-7:50-10:10

Rachel Getting Married (PG) No Passes Fri-Thu 1:55-4:35-7:15-9:55

The Secret Life of Bees (PG) No Passes Fri-Thu 1:20-4-7-9:35

Sex Drive (18A) No Passes Fri-Thu 7:55-10:25

W. (PG) No Passes Fri-Thu 1:30-4:30-7:30-10:20

VANCITY THEATRE
Vancouver International Film Centre
1181 Seymour Street, 604-683-Film
vifc.org

Film Festival (STC) Fri-Thu

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313
vaneast.com

Passchendaele (14A) Fri 7-9:15 Sat-Sun 4:45-7-9:15 Mon-Thu 7-9:15

North Shore

ESPLANADE 6
200 West Esplanade, 604-983-2762

Body of Lies (18A) Fri-Sun 12:30-3:15-7:10-9:50 Mon-Thu 7:10-9:50

Don Giovanni — Mozart (Opera) (STC) Sat-Sun 12

Eagle Eye (PG) Fri 1-4-7:15-9:55 Sat-Sun 4-7:15-9:55 Mon-Thu 7:15-9:55

High School Musical 3: Senior Year (G) Digital Presentation, No Passes Fri-Sun 1:30-4:10-6:45-9:15 Digital Presentation, No Passes Mon-Thu 6:45-9:15

Pride and Glory (18A) Fri-Sun 12:40-3:25-6:50-9:40 Mon-Thu 6:50-9:40

Quarantine (14A) Fri-Sun 3:35-9:25 Mon-Thu 9:25

Sex Drive (18A) Fri-Sun 12:45-7 Mon-Thu 7

W. (PG) Fri-Sun 12:20-3:20-6:55-9:45 Mon-Thu 6:55-9:45

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

Beverly Hills Chihuahua (G) Fri 7:10-9:30 Sat-Sun 12:2:50-5:7:10-9:30 Mon-Thu 7:10-9:30

City of Ember (PG) Sat-Sun 12:30 Star & Strollers Screening Thu 1

Mamma Mia! (PG) Fri 6:50-9:20 Sat-Sun 3-6:50-9:20 Mon-Tue 6:50-9:20 Wed 9:20 Thu 6:50-9:20

Max Payne (14A) Fri 7-9:50 Sat-Sun 12:40-3:10-7-9:50 Mon-Thu 7-9:50

Nick and Norah's Infinite Playlist (PG) Fri 6:45-9:25 Sat-Sun 12:10-3:25-6:45-9:25 Mon-Thu 6:45-9:25

Passchendaele (14A) Fri 6:40-9:40 Sat-Sun 12:20-3:20-6:40-9:40 Mon-Thu 6:40-9:40 Star & Strollers Screening Thu 1

Saw V (18A) Fri 7:20-10 Sat-Sun 12:50-3:30-7:20-10 Mon-Thu 7:20-10

Richmond

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

Body of Lies (18A) Fri 4:15-7:10-9:55 Sat 1:30-4:15-7:10-9:55 Sun 1:30-4:15-7:10 Mon-Thu 4:15-7:10

Eagle Eye (PG) Fri 4:20-7-9:45 Sat 1:35-4:20-7-9:45 Sun 1:35-4:20-7 Mon-Thu 4:20-7

High School Musical 3: Senior Year (G) No Passes Fri 4:30-7:05-9:40 No Passes Sat 1:45-4:30-7:05-9:40 No Passes Sun 1:45-4:30-7:05 No Passes Mon-Thu 4:30-7:05

Max Payne (14A) Fri 4:35-7:20-9:50 Sat 1:50-4:35-7:20-9:50 Sun 1:50-4:35-7:20 Mon-Thu 4:35-7:20

Passchendaele (14A) Fri 4:25-7:15-10 Sat 1:40-4:25-7:15-10 Sun 1:40-4:25-7:15 Mon-Thu 4:25-7:15

Saw V (18A) Fri 4:40-7:25-10:05 Sat 1:55-4:40-7:25-10:05 Sun 1:55-4:40-7:25 Mon-Thu 4:40-7:25

SILVERCITY RIVERPORT
14211 Entertainment Way, 604-272-7280

Beverly Hills Chihuahua (G) Fri-Thu 12:30-2:55-5:15-7:35-10:05

Body of Lies (18A) Fri-Thu 12:20-3:30-7:15-10:30

Burn After Reading (14A) Fri-Tue 1:25-4:15-7:25-9:50 Wed 1:25-4:15-9:50 Thu 1:25-4:15-7:25-9:50

The Duchess (14A) Fri-Thu 12:55-3:40-6:35-9:20

Eagle Eye (PG) Fri-Thu 12:15-3:15-7:30-10:25

Eagle Eye: The IMAX Experience (PG) Fri-Thu 1-4-7-9:45

Heroes (Hindi w/e.s.t.) (PG) Fri-Thu 1:30-5-8:30

High School Musical 3: Senior Year (G) No Passes Fri-Thu 12-3-6:30-9:30 No Passes Fri-Sun 10:30-1-4-7-10 No Passes Mon-Thu 1-4-7-10

Max Payne (14A) Fri-Thu 1:40-4:40-7:40-9:15-10:15

Nick and Norah's Infinite Playlist (PG) Fri-Thu 1:05-4:05-7:10-9:40

Passchendaele (14A) Fri-Wed 12:50-4:10-7:05-10:05 Thu 4:10-7:05-10:05 Star & Strollers Screening Thu 1

Pride and Glory (18A) Fri-Thu 12:40-3:50-7:05-10:10

Quarantine (14A) Fri-Wed 1:35-4:20-8-10:35 Thu 4:20-8-10:35

Religulous (PG) Fri-Thu 1:10-3:55-6:45

Saw V (18A) Fri-Thu 12:10-2:30-5:10-7:45-10:20

The Secret Life of Bees (PG) Fri-Thu 12:25-3:25-6:40-9:35

Sex Drive (18A) Fri-Thu 1:20-4:30-7:20-10

W. (PG) Fri-Wed 12:45-3:45-6:50-9:55 Thu 3:45-6:50-9:55 Star & Strollers Screening Thu 1

Burnaby

DOLPHIN CINEMAS
4555 E. Hastings St., 604-293-0332

High School Musical 3: Senior Year (G) Fri 5-7:15-9:30-11:45 Sat-Sun 1-3-5-7:15-9:30 Mon-Thu 5-7:15-9:30

Max Payne (14A) Fri 7-9:30 Sat-Sun 2-4:30-7-9:30 Mon-Thu 7-9:30

SILVERCITY METROPOLIS
4700 Kingsway Ave., 604-435-7474

Beverly Hills Chihuahua (G) Fri-Thu 12:30-2:45-5:15-7:30-9:50

Body of Lies (18A) Fri-Thu 12:40-3:45-7-10:15

Bowfire (STC) Wed 7

Eagle Eye (PG) Fri-Thu 1:15-4:10-7:25-10:20

High School Musical 3: Senior Year (G) No Passes Fri 10-12:30-3:30-7-10 No Passes Sat 12:30-3:30-7-10 No Passes Sun 10-12:30-3:30-7-10 No Passes Mon-Thu 12:30-3:30-7-10

Max Payne (14A) Fri-Thu 12:35-3:45-7:50-10:25

Nick and Norah's Infinite Playlist (PG) Fri-Wed 1:3:15-7:9:30 Thu 1:3:15-9:30

Passchendaele (14A) Fri-Thu 12:55-4:05-7:05-10:05

Quarantine (14A) Fri-Tue 1:05-3:25-7:20-9:55 Wed 1:05-3:25-9:55 Thu 1:05-3:25-7:20-9:55

Saw V (18A) Fri-Thu 12:45-3:5:30-8-10:30

W. (PG) Fri-Thu 12:50-4-7:10-10:10

STATION SQUARE
220-6200 McKay Ave., 604-434-7711

Appaloosa (PG) Fri 4:45-7:10-9:50 Sat 1:40-4:45-7:10-9:50 Sun 1:40-4:45-7:10 Mon-Thu 4:45-7:10

Burn After Reading (14A) Fri 4:55-7:30-10:15 Sat 1:55-4:55-7:30-10:15 Sun 1:55-4:55-7:30 Mon-Thu 4:55-7:30

City of Ember (PG) Fri 4:40-7:05-9:55 Sat 1:45-4:40-7:05-9:55 Sun 1:45-4:40-7:05 Mon-Thu 4:40-7:05

The Dark Knight (14A) Fri 4:30-7:25-10:20 Sat 1:30-4:30-7:25-10:20 Sun 1:30-4:30-7:25 Mon-Thu 4:30-7:25

Nights in Rodanthe (PG) Fri 5-7:20-10:10 Sat 2-5-7:20-10:10 Sun 2-5-7:20 Mon-Thu 5-7:20

Pride and Glory (18A) Fri 4:35-7:15-10:05 Sat 1:35-4:35-7:15-10:05 Sun 1:35-4:35-7:15 Mon-Thu 4:35-7:15

Sex Drive (18A) Fri 4:50-7:35-10 Sat 1:50-4:50-7:35-10 Sun 1:50-4:50-7:35 Mon-Thu 4:50-7:35

New West/ Coquitlam

SILVERCITY COQUITLAM
170 Schoolhouse Street, 604-523-2911

Beverly Hills Chihuahua (G) Fri-Thu 11:50-2:20-4:45-7:05-9:30

Body of Lies (18A) Fri-Thu 12:15-3:50-7:20-10:35

Bowfire (STC) Wed 7

Burn After Reading (14A) Fri-Thu 12:20-4:35-7:25-10:20

City of Ember (PG) Fri-Thu 12:55

The Dark Knight (14A) Fri-Thu 10

The Duchess (14A) Fri-Thu 12:50-3:50-7:30-10:30

Eagle Eye (PG) Fri-Thu 12:50-4:05-7:30-10:45

High School Musical 3: Senior Year (G) No Passes Fri-Thu 12:30-4-7:30-10:30 No Passes Fri-Sun 10:30-1-3:30-6:30-9:30 No Passes Mon-Thu 1-3:30-6:30-9:30

Mamma Mia! (PG) Fri-Thu 1:05-4:15-7:10

Max Payne (14A) Fri-Thu 12:40-3:45-7:30-10:05-10:35

Nick and Norah's Infinite Playlist (PG) Fri-Mon 1:15-4:45-8-10:40 Tue 4:45-8-10:40 Wed-Thu 1:15-4:45-8-10:40 Star & Strollers Tue 1

Nights in Rodanthe (PG) Fri-Thu 12:25-4-7:45

Passchendaele (14A) Fri-Thu 12:40-3:45-7:15-10:35

Pride and Glory (18A) Fri-Thu 12:25-4:05-7:40-10:45

Quarantine (14A) Fri-Thu 1:05-4:25-7:35-10:20

Religulous (PG) Fri-Tue 12:15-3:45-7:20-10:30 Wed 12:15-3:45-10:30 Thu 12:15-3:45-7:20-10:30

Saw V (18A) Fri-Thu 12:10-2:45-4:15-5:25-7:30-8-10:10:40

The Secret Life of Bees (PG) Fri-Thu 12:30-4:05-7:10-10

Sex Drive (18A) Fri-Thu 12:55-4:20-7:45-10:30

W. (PG) Fri-Mon 12:50-4-7:05-10:15 Tue 4-7:05-10:15 Wed-Thu 12:50-4-7:05-10:15 Star & Strollers Screening Tue 1

Surrey/White Rock/Langley

CLOVA
5732-176th St., Surrey, 604-541-9527

Nick and Norah's Infinite Playlist (PG) Fri-Thu 8:50

Nights in Rodanthe (PG) Fri-Thu 7

HOLLYWOOD 3 CINEMA
7125-138th Street, Surrey, 604-592-4441

Burn After Reading (14A) Fri-Sun 2:15-7-9:05 Mon-Thu 7-9:05

The Dark Knight (14A) Fri-Thu 7:55

Ghost Town (PG) Fri-Sun 2:15

Igor (G) Fri-Sun 12:15-4:45 Mon-Thu 4:45

Kidnap (PG) Fri-Thu 5

Kung Fu Panda (G) Fri-Sun 1-3

Lakeview Terrace (14A) Fri-Thu 6:45-8:55

Mamma Mia! (PG) Fri-Sun 12-4:30 Mon-Thu 4:30

STRAWBERRY HILL GRANDE
12161-72nd Ave, Surrey, 604-501-9400

Beverly Hills Chihuahua (G) Fri-Thu 12:20-2:40-5-7:25-9:45

Body of Lies (18A) Fri-Thu 12:50-3:45-6:50-10:05

Bowfire (STC) Wed 7

Eagle Eye (PG) Fri-Mon 1:10-4:10-7:05-9:55 Tue 4:10-7:05-9:55 Wed 1:10-4:10-9:55 Thu 1:10-4:10-7:05-9:55 Star & Strollers Screening Tue 1

Hashar: A Love Story (Punjabi w/e.s.t.) (PG) Fri-Thu 12:30-7:40

Heroes (Hindi w/e.s.t.) (PG) Fri-Thu 12:10-3:25-6:40-10

High School Musical 3: Senior Year (G) No Passes Fri-Thu 1-4-7-9:50

Karzzzz (Hindi w/e.s.t.) (PG) Fri-Thu 4:20

Max Payne Fri-Thu 1:40-4:25-7:15-10:15

Nick and Norah's Infinite Playlist (PG) Fri-Thu 1:30-6:55

Passchendaele (14A) Fri-Mon 12:40-3:40-6:45-9:30 Tue 3:40-6:45-9:30 Wed-Thu 12:40-3:40-6:45-9:30 Star & Strollers Screening Tue 1

Quarantine (14A) Fri-Thu 3:50-9:25

Roadside Romeo (Hindi w/e.s.t.) (STC) Fri-Thu 12:15-2:30-4:55-7:20-9:35

Saw V (18A) Fri-Thu 12-2:20-4:50-7:30-10:10

Sex Drive (18A) Fri-Wed 1:20-4:15-7:10-9:40 Thu 1:20-4:15-9:40

STUDIO 12 GUILDFORD
15051-101st Ave, Surrey, 604-581-1176

Beverly Hills Chihuahua (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:25-4:20-7:05-9:35

Body of Lies (18A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:15-4:05-6:55-9:45

City of Ember (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:30-4:25

The Duchess (14A) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:55

Eagle Eye (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 4:40-7:15-9:50

High School Musical 3: Senior Year (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:15-4-6:45-9:15

Max Payne (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:35-4:35-7:25-9:55

Nick and Norah's Infinite Playlist (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:50-4:30-7:10-9:20

Passchendaele (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:40-4:15-6:50-9:25

Pride and Glory (18A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:20-4:10-7:9:50

Quarantine (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:45-4:50-7:20-9:40

Saw V (18A) Dolby Stereo Digital, Stadium Seating Fri-Thu 2-4:45-7:30-10

Sex Drive (18A) Stadium Seating, Dolby Stereo Digital Fri-Thu 7:05-9:35

W. (PG) Dolby Stereo Digital, Stadium Seating Fri-Sat 1:10-3:55-6:40-9:30 Dolby Stereo Digital, Stadium Seating Sun 1:10-9:30 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:10-3:55-6:40-9:30

WWE: Cyber Sunday (STC) Dolby Stereo Digital, Stadium Seating Sun 5

RIALTO
1732-152nd Street, White Rock, 604-541-9527

The Duchess (14A) Fri 7:10-9:15 Sat-Sun 2:10-7:10-9:15 Mon-Thu 7:10-9:15

W. (PG) Fri 7-9:20 Sat-Sun 2-7-9:20 Mon-Thu 7-9:20

CRITERION 4 WHITE ROCK
2381 King George Highway, White Rock, 604-531-7456

Beverly Hills Chihuahua (G) Fri 7:10-9:05 Sat-Sun 1:30-3:30-7:10-9:05 Mon-Tue 7:10-9:05 Wed 7:10 Thu 7:10-9:05

Body of Lies (18A) Fri 7:20-9:40 Sat-Sun 2-7:20-9:40 Mon-Thu 7:20-9:40

High School Musical 3: Senior Year (G) Fri 7-9 Sat-Sun 1-3-7-9 Mon-Thu 7-9

Max Payne (14A) Fri 7:30-9:30 Sat-Sun 2:30-7:30-9:30 Mon-Thu 7:30-9:30

COLOSSUS LANGLEY
20090-91A Ave, Langley, 604-513-8747

Beverly Hills Chihuahua (G) Fri-Sun 12:45-4:25-7:05-9:30 Mon-Thu 4:25-7:05-9:30

Body of Lies (18A) Fri-Sun 12:35-3:45-7:10-10:30 Mon-Thu 3:45-7:10-10:30

Bowfire (STC) Wed 7

Burn After Reading (14A) Fri-Sun 12:50-3:45-7:15-10:05 Mon 3:45-7:15-10:05 Tue 3:45-10:05 Wed-Thu 3:45-7:15-10:05

The Dark Knight: The IMAX Experience (14A) Fri-Sun 12:30-3:30-6:45-9:45 Mon-Thu 3:30-6:45-9:45

The Duchess (14A) Fri-Sun 1-3:50-6:35-9:25 Mon-Tue 3:50-6:35-9:25 Wed 3:50-9:25 Thu 3:50-6:35-9:25

Eagle Eye (PG) Fri-Sun 12:40-4:15-7:20-10:20 Mon-Thu 4:15-7:20-10:20

High School Musical 3: Senior Year (G) No Passes Fri-Sun 10:30-12:30-1-3:30-4-7-7:30-10-10:30 No Passes Mon-Thu 3:30-4-7-7:30-10-10:30

Max Payne (14A) Fri-Sun 1:05-3:40-7:25-9:35-10:10 Mon-Thu 3:40-7:25-9:35-10:10

Nick and Norah's Infinite Playlist (PG) Fri-Sun 1:15-4:20-7:20-9:45 Mon-Thu 4:20-7:20-9:45

Nights in Rodanthe (PG) Fri-Sun 1:10-3:55-6:40-9:30 Mon 3:55-6:40-9:30 Tue 3:55-6:40 Wed-Thu 3:55-6:40-9:30

Passchendaele (14A) Fri-Sun 12:30-3:30-7-10 Mon-Thu 3:30-7-10

Pride and Glory (18A) Fri-Sun 12:55-4:05-7:15-10:25 Mon-Thu 4:05-7:15-10:25

Quarantine (14A) Fri-Sun 1:35-4:30-7:45-10:15 Mon 4:30-7:45-10:15 Tue 4-7:45-10:15 Wed-Thu 4:30-7:45-10:15

Religulous (PG) Fri-Sun 1:30-4:05-6:55 Mon-Tue 4:05-6:55 Wed 6:55 Thu 4:05-6:55 Star & Strollers Screening Wed 3

Saw V (18A) Fri-Sun 1:20-4:35-7:40-10:30 Mon-Thu 4:35-7:40-10:30

The Secret Life of Bees (PG) Fri-Sun 12:40-3:40-6:45-9:55 Mon-Thu 3:40-6:45-9:55

Sex Drive (18A) Fri-Sun 1:25-4:10-7:35-10:25 Mon-Thu 4:10-7:35-10:25

W. (PG) Fri-Sun 12:35-3:35-6:50-9:50 Mon-Tue 3:35-6:50-9:50 Wed 6:50-9:50 Thu 3:35-6:50-9:50 Star & Strollers Screening Wed 3

TWILIGHT DRIVE-IN
260th Street & Fraser Highway, Langley, 604-856-5063

Body of Lies (18A) Fri-Sun 9:15

Nights in Rodanthe (PG) Fri-Sun 7:30

Super Dave fact

Check out the Samsung ISU World Cup Short Track Speed Skating at the Pacific Coliseum this weekend and cheer on our Canadian Olympic hopefuls. vancouvershorttrack2008.com METRO NEWS SERVICES

West Coast Weekend

clubs

FRI. 9 P.M.-2 A.M. Chicago DJ Felix Da Housecat spins his tunes at Fabric, 66 Water St. Tix: $25. Info: fabricvancouver.com.

SAT. 9 P.M. Vancouver's scariest costume party with 1,000 party people and hip-hop, R&B, dancehall, crunk and rock music. At Plush, Plaza of Nations, 750 Pacific Blvd. Tix: $16. Info: clubvibes.com.

events

FRI-SAT. UBC Museum of Anthropology presents Asian Illuminations, a series focused on the arts of Asia. UBC Museum of Anthropology, 2329 West Mall. Tix: $7-9. Info: moa.ubc.ca.

FRI-SAT. 8 P.M. Someone Who'll Watch Over Me. A play about three prisoners held captive in Beirut. At Havana Theatre, 1212 Commercial Dr. Tix: $10-15. Info: 604-253-9119.

SAT. 10 A.M. Catch the last day of the Lonsdale Quay Farmer's Market of the season. Browse local produce and the wares of local artisans. At Lonsdale Quay.

SAT. 10:30 A.M. 2nd Annual Celebrity Dim Sum Fundraiser for the Asian Society for the Intervention of AIDS. Savoury dim sum will be carted around by the likes of chef Rob Feenie and CBC host Gloria Macarenko. The event includes entertainment and a silent/live auction. At Floata Restaurant, 400-180 Keefer St. Tix: $65. Info: asia.bc.ca.

SAT. 12-6 P.M. Media Democracy Day includes panels, workshops, and public speakers, providing space for independent and public service media to exchange information. At Vancouver Public Library Central Branch, 350 West Georgia St. Tix: free. Info: vpl.ca.

SAT. 11 A.M.-3 P.M. Learn about local resources and participate in workshops at Vancouver's Largest Baby Shower. At Heritage Hall, 3102 Main St. Tix: Free. Info: westcoastmoms.ca/connexion/index.html.

SAT. 6-9 P.M. Tales of true hauntings and encounters with the paranormal with a panel of experts. At Grimoire's Books, 102-319 Governors Ct., New Westminster. Tix: $5. Info: grimoiressbooks.com.

SAT-SUN. 10-6 P.M. The Vancouver Health Show features presentations on diet, supplements, exercise and lifestyle choices. At Vancouver Convention and Exhibition Centre, 200-999 Canada Place. Tix: $10. Info: vancouverhealthshow.com.

SAT-SUN. 9 A.M.-6 P.M. Halloween Celebration at Capilano Suspension Bridge. The whole family can take in the Jack-O-Lantern display, musical acts, ghost stories and fortune tellers. At Capilano Suspension Bridge, 3735 Capilano Rd., North Vancouver. Tix: $8.75-$27.95. Info: capbridge.com.

SAT-SUN. 8 P.M. The Juno-nominated Orchid Ensemble's "Ghost Project" explores the rituals and customs of believing in ghosts. Audience encouraged to wear ghost-themed costumes. At the Roundhouse Performance Centre, 181 Roundhouse Mews. Tix: $15-18. Info: ticketweb.ca.

TO SUN. Vancouver's International Writers Festival delivers 200 renowned Canadian and international writers presenting their work. Granville Island. Tix: $15. Info: writersfest.bc.ca.

TO NOV.1 6-10 P.M. Stanley Park Halloween ghost train is haunted by pirates, skeletons and hidden treasures. At Stanley Park, Pipeline Road. Tix: $9/5.50. Info: vancouver.ca/parks/events/ghosttrain.

music

FRI. 8 P.M. Ladyhawk and Attack In Black. The band shacked up in an abandoned farmhouse in Kelowna to record their most recent album, Shots. At Richard's on Richards, 1036 Richards St. Tix: $14. Info: ticketmaster.ca.

SAT. 8 P.M. Indie folk rocker Matt Mays at Commodore Ballroom, 868 Granville St. Tix: $22.50. Info: ticketmaster.ca.

International Comedy Edition
Capital One
Just for laughs Comedy Tour '08
ENTERING VANCOUVER ON NOVEMBER 14 AT 7:00 PM AT THE CENTRE IN VANCOUVER FOR PERFORMING ARTS
SECOND SHOW JUST ADDED AT 9:30 PM! TICKETS ON SALE NOW!
HOSTED BY
WITH SPECIAL GUEST
AND FEATURING
Passport Number JFL1020111608
FINESSE MITCHELL Nationality: American
DANNY BHOY Nationality: Scottish
PETE ZEDLACHER Nationality: Canadian
DAVID O'DOHERTY Nationality: Irish
HAL CRUTTENDEN Nationality: British
Tickets available at: Ticketmaster 604.280.4444 www.ticketmaster.ca
Book with your Capital One®
Line-up subject to change.
MasterCard
Just for laughs Live
96.9 JACK fm playing what we want
CBC
HAHAHA.COM/COMEDYTOUR

Dave Norona rides the high alpine in Pemberton, B.C.

A walk a day keeps the blahs away

WestCoastOutdoors

Dave Norona

noronalife.com

As the dreary days of fall arrive — with successive days of rain and little sunshine — exercising and getting some fresh air boosts your morale and improves everything from your fitness level to your attitude. Here is how to make it happen.

Just walk! Whether you park a few blocks from work or hit the trails during your lunch break, walking is one of the best forms of exercise. It doesn't have to be a long or hard hike to reap the benefits; just a simple stroll through one of our many parks is enough.

Cycling to work is also a great way to get some fresh air without sacrificing more time.

You don't need to do it every day, and with the right bike, clothing and fenders, you can tackle any conditions.

Lifting weights, indoor climbing at a climbing gym or taking an enlightening yoga class are all incredible ways to push, strengthen and stretch your body, and the payback is that you will be stronger, fitter and happier.

Gear Guide

Asics Women's Rapido Jacket

The amazingly light Rapido Jacket offers great protection from the wind and rain. It has a reflective logo for safety, front zip pocket and a vented back that keeps you warm and dry in all conditions.
Price: $99.99
Where to find: *asics.com*

Pearl Izumi Cyclone Shoe Covers

Keep your feet warm and dry through the winter months with these awesome cycling shoe covers from Pearl Izumi. Wind- and water-resistant with velcro closure and reflective piping for safety.
Price: $49
Where to find: *pearlizumi.com*

The bestselling albums on Amazon.ca

1. Black Ice, AC/DC (Angus Young, right); **2.** Little Honey, Lucinda Williams; **3.** Let It Snow, Michael Bublé; **4.** Tell Tale Signs: The Bootleg Series Vol. 8, Bob Dylan; **5.** Death Magnetic, Metallica. METRO NEWS SERVICES

Music

PHOTO COURTESY OF JON BERGMANN

Germany-based band the Notwist play the Commodore Ballroom tonight.

Devil in the details

Notwist makes music that's more psychedelic than trance

OnTheBeat

Rob McMahon
rob.mcmahon@metronews.ca

The Notwist may make trance-inducing indie rock, but don't call their music a trance.

Despite the bubbling electronic layers on The Devil, You + Me, the Germany-based band prefer traditional psychedelic music to the steady beat of artists like Booka Shade.

"We would rather use the old-fashioned word 'psychedelic' rather than trance, even if it's the case (that our music is trancey)," said programmer-keyboardist Martin Gretschmann. "We like that way of blending things … Actually, it was one of the first ideas we tried to follow — to make things psychedelic somehow — but we probably just didn't know how to do it (until now)."

As heard on 2002's Neon Golden, the band has stripped away their punk beginnings in favour of the confused, disjointed approach of psychedelia. Gretschmann explained that songs like Gloomy Planet, which is arranged from more than 100 different tracks, are designed to unsettle listeners with unconventional progressions and offset samples.

"We've always tried to combine things that go into opposite directions — a nice pop song with sad lyrics or a disturbing song that's very trancelike. (A song might sound) like a lullaby, but then you always hear noises, disturbing sounds that don't really fit into the song," he said. "That's how life is — it's never always perfect, so we always include some disturbing things (in our songs)."

"We've always tried to combine things that go into opposite directions — a nice pop song with sad lyrics or a disturbing song that's very trancelike."
Martin Gretschmann

The resulting tracks, co-written by Gretschmann and brothers Markus (vocals/guitar) and Micha (bass) Acher, lull listeners as much as unsettle them. Working like a musical Rorschach test, samples fade in and away, with scattered percussion, disembodied tones and guitar rhythms that throb across songs. After hearing a track a few times, it becomes unclear which parts of the song — such as vocals that seem to melt into space — are deliberate effects, and which are one's mind playing tricks.

"There's probably some moments when we fade the voices a bit … but actually I can't remember if we did a lot of fading on the voice," said Gretschmann. "You probably have an impression the voice volume changed, but it's actually other things."

Remembering punk legend Frankie Venom

SoundCheck

Alan Cross
alan@ongoinghistory.com

Out on Ellice Avenue near the airport used to stand a bar called the Black Knight. As Winnipeg rock clubs went, it was one of the scuzzier ones, about as far from Chuck E. Cheese as you could get.

It was windowless, dank and decrepit, and came complete with the standard rock 'n' roll odours — beer, sweat, nicotine and ozone from half shorted-out amplifiers.

My friends and I spent way too much time at the BK, simply because you could get a draft for about a buck and they'd let students and bums nurse a single glass all night. I'm not sure if the waitresses made the distinction with us.

I have no idea how many weeks I spent watching Teenage Head from our usual table to the right of the stage. We were awestruck. First, they were from Toronto. Second, we had heard about the infamous Last Pogo (a rumble at Toronto's Horseshoe Tavern). Third, they had caused a riot at Ontario Place. And fourth, we were never really sure what singer Frankie Venom was going to do.

Teenage Head front man Frankie Venom died last week in Hamilton.

The Head looked and felt dangerous. Frankie refused to take any crap from any of the students, bums or wannabes that might stumble in on a Wednesday night in February. He had no trouble coming off the stage in the middle of a song to discuss things with a heckler. You wanted rock 'n' roll theatre and beer for a buck a glass? Then you needed to go to the BK when Teenage Head was in town.

To think that the band was still playing live 30 years on was simpy amazing. And the fact that Frankie died young — at either 51 or 52, depending on who you talk to — wasn't necessarily a surprise. The shock was that he died from something as mundane as cancer.

Like the Ramones, recognition for Teenage Head's influence came late. The surviving members will be feted with a special Lifetime Achievement Award at the Hamilton Music Awards next month. And if we ever get around to building a proper rock 'n' roll hall of fame in this country, Teenage Head should be among the first inductees.

The Ongoing History of New Music can be heard on stations across Canada. Read more at exploremusic.com and ongoinghistory.com

HBO CANADA
IT'S HERE. GET IT.
OCTOBER 30TH
FOR FULL SCHEDULE VISIT
HBOCANADA.COM
HELLO
CURB YOUR ENTHUSIASM
HBO Canada℠ Curb Your Enthusiasm℠ and the associated logos are service marks of Home Box Office, Inc. Used under licensed. © 2008 Home Box Office Inc. All rights reserved.
Movie Central™ is a trademark of Corus™ Entertainment Inc. or a subsidiary thereof, which might be used under license.
A channel of MOVIE CENTRAL
MOVIE CENTRAL

Hough's stomach pains just a sore tummy

Dancing With The Stars contestant Julianne Hough is recovering after she was admitted to hospital with stomach pains following her performance on the reality TV show. "It turned out just to be a bad stomach," she said. IMDB.COM

Television

Mad Men joins pop culture and historical canons

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

GONE MAD: A week after the last episode of season two ends, Mad Men will officially join the pop culture trivia game canon with a spoof of the AMC show in the annual Simpsons Halloween Treehouse Of Horror episode.

In a segment that begins with Homer in silhouette falling slowly between skyscrapers covered in advertising images — a tribute to Mad Men's iconic title sequence — the show satirizes the use of dead celebrities in advertising, according to a post on the New York Post's TV blog.

You'll have to indulge me with another Mad Men column — the show goes away for 9 months after this Sunday, and all I'll have to work with until then will be the negotiations between Matt Weiner and the show's producers and network to get Mad Men's creator on board for season three, a sticky situation that the Post insists will attract Weiner's old employer, HBO, around the show like some kind of well-capitalized carrion bird.

With the end of the season in sight, Weiner has been giving interviews in the U.S., including a long Q&A with Variety where he admitted that he'd had the whole back story for Jon Hamm's Don Draper percolating in his head for years — since before he was a writer on The Sopranos, in fact — but that he has only the vaguest idea of how the show will end. One thing he does know is that, when season three begins at some point after late 1962 and the Cuban Missile Crisis, John F. Kennedy's assassination won't be part of the action.

"I know one thing," Weiner told Variety, "which is that I think everybody's seen enough of the Kennedy assassination. I know I have. It's certainly going to affect the show and their lives and I guess we'll see their reaction. But I definitely don't want to go through that dramatically. It's probably the most dramatized event that I've experienced in my life, at least for my age. It's something I've seen over and over and over and over again. As I writer, I don't really know what I could add to it."

Rick McGinnis writes about music, movies, books and television, but not opera.

FRIDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3	CBC	Coronation St.	Jeopardy! (N)	Air Farce	Rick Mercer	Doctor Who (N) (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6	JOY	E News	The Insider	Deal or No Deal (N) (CC)		Smarter Than a 5th Grader?		20/20 (CC)		News (N)
	250	321	9	CTV	etalk (CC)	Hollywood	Ghost Whisperer (N) (CC)		Supernanny "Winter Family"		Without a Trace "True/False"		News (N)
	252	336	11	GTV	Entertainment	ET Canada	Life "Did You Feel That?" (N)		The Ex List (N) (CC)		NUMB3RS (N) (CC)		News (N)
	256	389	12	VI	Robson Arms	TMZ (N) (CC)	Wife Swap "Melton/Dufrene"		Don't Forget the Lyrics! (N)		Stargate SG-1 (CC)		News (CC)
	253	359	13	CITY	Law & Order: SVU		Secret Life of American Teen		Crusoe "Sacrifice" (N) (CC)		Kaya (CC)	Hates Chris	EP Daily
	-	-	14	CW	Deal-No Deal	Deal-No Deal	Hates Chris	The Game (N)	America's Next Top Model		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15	CBS	Entertainment	The Insider	Ghost Whisperer (N) (CC)		The Ex List (N) (CC)		NUMB3RS (N) (CC)		News (N)
	287	379	16	NBC	Evening Mag.	Inside Edition	Deal or No Deal (N) (CC)		Crusoe "Sacrifice" (N) (CC)		Life "Did You Feel That?" (N)		News (N)
	288	380	21	ABC	Wheel-Fortune	Jeopardy! (N)	Wife Swap "Melton/Dufrene"		Supernanny "Winter Family"		20/20 (CC)		News (N)
	290	382	23	FOX	Two/Half Men	Two/Half Men	Smarter Than a 5th Grader?		Don't Forget the Lyrics! (N)		News (N)	IQ Weekly	Family Guy
news	502	390	23	NW	CBC News: the fifth estate		CBC News: The National (N)		CBC News: The National		CBC News: the fifth estate		National
	500	500	33	CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22	RSP	Air Racing		Hockey	Canucks TV	FSN Pro Football Preview		Sportsnet Connected		Sportsnet
	400	400	30	TSN	CFL Football	SportsCentre (Live) (CC)			2008 World Series of Poker		2008 World Series of Poker		SportsCentre
family	552	543	23	YTV	Double, Double, Toil and Trouble ★★ (1993) Ashley Olsen				Smallville "Cure" (CC)		Dark Oracle	Mystery Hnt.	Mystery Hnt.
	555	545	50	TEL	Shaun-Sheep	Ghosts	Ghosts	6teen	Total Drama	Futurama	Father	Chicken	Life's a Zoo
	268	354	5	KNO	Emily of New Moon (CC)		The Royal (N) (CC)		Dalziel-Pascoe		Ladies and Gentlemen...		Bethune (N)
cable variety	575	583	20	CMT	Karaoke Star "Calgary, AB"		CMT 4 Tracks	CMT 4 Tracks	Coal Miner's Daughter ★★★ (1980) Sissy Spacek, Tommy Lee Jones.				
	615	520	31	A&E	CSI: Miami "Not Landing"		Criminal Minds (CC)		CSI: Miami "Wannabe" (CC)		CSI: Miami "Innocent" (CC)		CSI: Miami
	521	560	34	TLC	Say Yes to the Dress (CC)		What Not to Wear "Mala"		Say Yes to the Dress (CC)		Real Simple. Real Life		What Not
	616	522	35	SHO	The Best Years		The Guard "Waheguru" (CC)		Cock'd Gunns	Kenny-Spenny	Webdreams	Webdreams	Sin Cities
	294	650	47	TBS	(6:00) The Pink Panther ★★		The Pink Panther ★★ (2006) (PA) Steve Martin. (CC)				Sex and-City	Sex and-City	About Sch
	603	561	53	FN	Diner, Drive-In	Diner, Drive-In	Restaurant Makeover (CC)		Challenge "Mac & Cheese"		Chef Abroad	The Wild Chef	Diner, Drive-In
	320	621	30	CEN	Sanctuary "Kush" (N) (CC)		I Am Legend ★★★ (2007) Will Smith.			(:45) The Pursuit of Happyness ★★★ (2006) Will Smith. (CC)			
	581	566	101	MTV	The Hills	The Hills	After	Cribs (CC)	EMA	EMA Style	The Hills	The Hills	Made (CC)

10/24/08

SATURDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3	CBC	NHL Hockey Edmonton Oilers at Vancouver Canucks. (Live) (CC)				HNIC -- After Hours		News (CC)	MLS Soccer
	255	358	6	JOY	E News	The Soup	Behind	Behind	Dr. 90210 Risky teenagers.		To Be Announced		E News
	250	321	9	CTV	etalk Presents Me to We (N)		W-FIVE (CC)		Without a Trace "Clean Up"		Law & Order: SVU		News (N)
	252	336	11	GTV	Disasters of the Century (N)		Turning Points of History		Painkiller Jane (CC)		Kenny-Spenny	Trailer Park	News (N)
	256	389	12	VI	New Canoe	Island Week	America's Toughest Jobs		The Road to Avonlea		Kool Countdown (CC)		Bravo! Fact
	253	359	13	CITY	Survivorman (CC)		Less-Kind	Kaya (CC)	Deluxe Combo Platter ★★ (2004) Marla Sokoloff. (CC) (DVS)				Role
	-	-	14	CW	CSI: NY "Tanglewood" (CC)		Boston Legal (CC)		Boston Legal (CC)		CSI: NY (CC)		CSI: Miami
	289	381	15	CBS	Entertainment Tonight (N)		NCIS "Ex-File" (CC)		Without a Trace "Clean Up"		48 Hours Mystery (N) (CC)		News (N)
	287	379	16	NBC	The Flamingo Kid ★★ (1984) Matt Dillon, Richard Crenna.				The Office	SNL Update	SNL Update	SNL Update	News (N)
	288	380	21	ABC	College Football Penn State at Ohio State.			Whacked Out	Wheel-Fortune	Jeopardy!	Monk (CC)		KOMO 4 News
	290	382	23	FOX	MLB Baseball: World Series		Cops (CC)	Raymond	Friends (CC)	Friends (CC)	News (N)	Scrubs (CC)	MADtv (CC)
news	502	390	23	NW	Doc Zone (CC)		Sat. Report	Weekend	Sat. Report	Mansbridge	Doc Zone (CC)		Sat. Report
	500	500	33	CNN	D.L. Hughley-News		Special Investigations		Larry King Live		CNN Saturday Night		
sports	407	419	22	RSP	MLB Baseball: World Series Game 3 -- Rays at Phillies				Sportsnet Connected (Live)		Sportsnet Connected		Poker
	400	400	30	TSN	CFL Football Toronto Argonauts at BC Lions. From BC Place Stadium in Vancouver. (CC)						SportsCentre (Live) (CC)		SportsCentre
family	552	543	23	YTV	Flintstones Meet Rockula		Naruto (CC)	Blue Dragon	Zatch Bell (N)	Bleach (CC)	Storm Hawks	Dark Oracle	Mystery Hnt.
	555	545	50	TEL	Shaun-Sheep	Ghosts	Ghosts	6teen (CC)	Total Drama	Futurama	Batman: Gotham Knight (2008) Premiere.		
	268	354	5	KNO	National Geographic (N)		Heartbeat "Heirs Apparent"		Midsomer Murders "Orchis Fatalis" (N) (CC)				Montreal Jazz
cable variety	575	583	20	CMT	Hope & Faith	Hope & Faith	Grand Ole Opry Live		Gone Country	Gone Country	Hope & Faith	Hope & Faith	Coyote Ugly
	615	520	31	A&E	My Cousin	The Sopranos (CC)		The Rookies	My Cousin Vinny ★★★ (1992, Comedy) Joe Pesci, Marisa Tomei. (CC)				
	521	560	34	TLC	Trading Spaces (N)		17 Kids-Count	17 Kids-Count	Property Ladder (CC)		Trading Spaces		Little People
	616	522	35	SHO	About a Girl	Kink in Hair	The Wrong Guy ★★ (1998) Dave Foley, Jennifer Tilly. (CC)				The Grudge ★★ (2004) Sarah Michelle Gellar.		
	294	650	47	TBS	(:10) Saving Silverman ★ (2001, Comedy) Jason Biggs. (CC)				(8:55) Rat Race ★★ (2001, Comedy) Rowan Atkinson. (CC)				The Cookout
	603	561	53	FN	Kitchen Nightmares (CC)		The F Word Food and fertility.		Challenge Fruit sculptures.		Dinner	Dinner	Nightmares
	320	621	30	CEN	(6:25) In the Land of Women		(:05) There Will Be Blood ★★★★ (2007) Daniel Day-Lewis. Premiere. (CC)				(:45) Land of the Blind ★★		
	581	566	101	MTV	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	MTV Live	MTV News	After

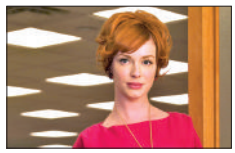
10/25/08

SUNDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3	CBC	Heartland (N) (CC)		Doc Zone "The Bush Years" (N) (CC)			CBC News: Sunday Night (N)		News (CC)
	255	358	6	JOY	Instant Beauty Pageant (CC)		Extreme Makeover: Home		To Be Announced		Real Housewives of OC		News (N)
	250	321	9	CTV	Star Wars Clo.	Degrassi	The Amazing Race 13 (N)		Desperate Housewives (N)		Law & Order: Criminal Intent		News (N)
	252	336	11	GTV	renegade	King of Hill	Futurama: The Beast With a Billion Backs (2008) Premiere.				Brothers & Sisters (N) (CC)		News (N)
	256	389	12	VI	Funniest Home Videos		The 40-Year-Old Virgin ★★★ (2005) Steve Carell, Catherine Keener. (CC)					Big Bang Th	New Canoe
	253	359	13	CITY	Friends (CC)	Friends (CC)	Valentine Bookstore lovers.		Easy Money (N) (CC)		Crusoe "Sacrifice" (CC)		Role
	-	-	14	CW	In Harm's Way (N) (CC)		Valentine Bookstore lovers.		Easy Money (N) (CC)		Seinfeld	Seinfeld	Cold Case
	289	381	15	CBS	60 Minutes (N) (CC)		The Amazing Race 13 (N)		Cold Case "Shore Leave" (N)		The Unit "Dancing Lessons"		News (N)
	287	379	16	NBC	Upfront Special Initiative 1000		The 40-Year-Old Virgin ★★★ (2005) Steve Carell, Catherine Keener. (CC)					The Office	News (N)
	288	380	21	ABC	Funniest Home Videos		Extreme Makeover: Home		Desperate Housewives (N)		(:01) Brothers & Sisters (N)		KOMO 4 News
	290	382	23	FOX	MLB Baseball: World Series		Cops (CC)	The Simpsons	Family Guy	Family Guy	News (N)	Q It Up Sports	House (CC)
news	502	390	23	NW	McCain vs. Obama: The Choice 2008 Presidential candidates.				CBC News: Sunday Night		McCain vs. Obama: The Choice 2008 (CC)		
	500	500	33	CNN	D.L. Hughley-News		Special Investigations		Larry King Live		Newsroom		Investigations
sports	407	419	22	RSP	MLB Baseball: World Series Game 4 -- Rays at Phillies				Sportsnet Connected (Live)		Sportsnet Connected		Sportsnet
	400	400	30	TSN	SportsCentre (Live) (CC)		IndyCar Racing Nikon Indy 300. (Taped) (CC)				Planet Speed	Motoring 2008	SportsCentre
family	552	543	23	YTV	(6:00) The Wizard of Oz ★★★★ (1939) (CC)			Prank Patrol	The Next Star (CC)		Falcon Beach "The Video"		Mystery Hnt.
	555	545	50	TEL	6teen (CC)	Ghosts	Ghosts	6teen (CC)	Total Drama	Futurama	The Batman vs. Dracula (2005) Premiere.		
	268	354	5	KNO	Science of Dogs (N) (CC)		The World's Oldest Boy Band		New Tricks (N) (CC)		Dalziel-Pascoe		Montreal Jazz
cable variety	575	583	20	CMT	Home Imp.	Home Imp.	CMT's Greatest "1997"		Broken Bridges ★ (2006, Drama) Toby Keith, Kelly Preston.				Home Imp.
	615	520	31	A&E	CSI: Miami "Going Under"		CSI: Miami "Legal" (CC)		CSI: Miami "Addiction" (CC)		CSI: Miami "Rio" (CC)		CSI: Miami
	521	560	34	TLC	17 Kids-Count	17 Kids-Count	17 Kids-Count	17 Kids-Count	17 Kids-Count	17 Kids-Count	17 Kids-Count	17 Kids-Count	16 Children
	616	522	35	SHO	The Guard "Waheguru" (CC)		Ties That Bind Accused of abuse. (N)				Weeds (CC)	Rescue Me	Kenny-Spenny
	294	650	47	TBS	The Pink Panther ★★ (2006) (PA) Steve Martin. (CC)				Hook ★★★ (1991, Fantasy) (PA) Dustin Hoffman, Robin Williams. (CC)				
	603	561	53	FN	Jamie's Kitchen Australia		Chef School	At the Table	Challenge Gingerbread. (CC)		Iron Chef America (CC)		Jamie
	320	621	30	CEN	Life & Times	Entourage (N)	True Blood (N) (CC)		Dexter "Turning Biminese" (N)		Grindhouse ★★★ (2007) Kurt Russell. (CC)		
	581	566	101	MTV	Cribs (CC)	Cribs (CC)	After	MTV News	Me to We 2008 (CC)		Cribs (CC)	Cribs (CC)	MTV Shuffle

10/26/08

Finale may give viewers answers



Mad Men

Air date: Sunday
Network: AMC

THE SEASON 2 finale is finally here, and there are so many questions: Has Duck screwed Sterling Cooper? Will we ever hear about Peggy's baby? Will Joan really marry Dr. Rapist? How small is the closet getting for Sal? And finally, what the hell's going on with Don Draper? All — or none — of these questions will be answered.

Metro's 7th Heaven: Will return

Job At Home
$487.68 Weekly.
Mail Work, Assemble Products
or Computer Work.
www.TopJobVancouver.com
Or Write to:
CHR Jobs, 372 Rideau St.
#916-MV1

Rick's TVPicks

The Curse of Degrassi

Air date: Sunday
Network: CTV

OF COURSE, your tastes may run to Toronto's favourite overstimulated teens coping with the big Harvest Dance, and the possession of its one-girl social committee by the soul of a dead school shooter. And yeah, I think you'd be reading this and rolling your eyes even if you were 16.

Read our exclusive LOU LOU coverage of L'Oreal Fashion Week at metronews.ca/style

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

metro is available at your neighbourhood Blenz.
Read, relax and enjoy!
BLENZ COFFEE

Have your say
The first Annual Chinese Restaurant Awards have been announced and you can vote online at votedinerschoice.com until November 30 for your favourite spot. For more info, visit chineserestaurantawards.com. METRO NEWS SERVICES

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Dishes bungled all over the place at Deuce

ANYA LEVYKH
anya.levykh@metronews.ca

Deuce Bungalow
980 Granville St.
Vancouver
604-436-9432
deucebungalow.ca

Signature Drink: Beertini
Signature Dish: Avocado Fries
Rating: ●½
Dinner & drinks for 2: $75

It's my fault. I never go to restaurants during their opening week, but, if you're going to label yourself "the hottest new spot on the strip," then be prepared, right? I was also misled by the term "Spanglish cantina." I assumed this meant a casual joint, some laid-back tunes and a menu evocative of Latin America. Instead, we walked through the door into a blood-red pit, dark as Hades, with house music throbbing madly. There were some lovely chandeliers, but the completely inadequate glow barely allowed me to see the menu text. It wasn't promising, but we were hungry, so…

On the web

- Read the full article online at *metronews.ca/Vancouver/comment.*
- Chew more on Anya's blog at *metronews.typepad.com/urbanfoodie.*

We started with a bland trio of guacamoles ($14). Tequila cream resembled baby food and was about as interesting. Pico de gallo was too fruity, with not enough heat. A trio of halibut ceviche ($14) was marginally better, with a watermelon gazpacho standing out nicely. Some avocado fries ($9) were actually interesting, but could have used a lot of seasoning. The chicken mango quesadilla ($12) was a disaster. The mango was in hiding, probably ashamed to be caught in the puréed mush that passed for filling.

How it came to be named Deuce Bungalow, and what that has to do with the menu, is anybody's guess. I certainly won't be going back to find out.

ANYA LEVYKH/FOR METRO VANCOUVER

Queen Charlotte Islands halibut ceviche trio.

Rain Organics Vodka

Is there any end to the many uses for corn? Apparently not. This handmade, organic vodka is distilled from organic white corn, seven times over a twenty-day period, before pure limestone water is added in the polishing phase. $41.99 at BCLS. Also available in Cucumber Lime, Honey Mango Lemon, Red Grape Hibiscus and Lavender Lemonade.

Dining out

HARVEST CELEBRATION
For a limited time, Raincity Grill (1193 Denman St.) is presenting a five-course tasting menu celebrating the fall harvest foods of Pemberton. For $65 ($89 with B.C. wine pairings) enjoy North Arm Farms beetroot, Sloping Hills pork and Organic Oceans salmon. Call 604-685-7337 or visit raincitygrill.com.

CHOW DOWN CHEAPER
Chow Restaurant (3121 Granville St.) is now offering a three-course $38 prix fixe menu every day between 5 p.m. and 6 p.m., and all evening on Sundays. Sundays also mean you can get house wines paired with your dinner at cost. Call 604-608-2469 or visit chow-restaurant.com.

In brief

THE 1ST ANNUAL Chinese Restaurant awards have been announced! (See top of page.) You can vote online at votedinerschoice.com until November 30.

SAVOURY COAST (1133 Robson St.) has unfortunately closed due to rising rents and lowering dollars. We wish owners Dee Anand and Romy Prasad the best in their future endeavours.

ADVERTISING FEATURE

Urban Eats

PlanB LOUNGE | EATERY

Urban and stylish; sophisticated yet casual... Yaletown's newest arrival is a hip lounge with some of the best tasting share plates in town.

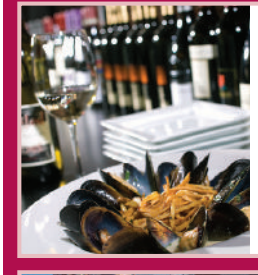
This highly anticipated addition to Vancouver's culinary scene by restauranteur Glenn Cormier has lived up to it's hype. Executive Chef Ryan Zuvich has hit his mark with a tapas style menu for true food lovers. The long narrow room with exposed brick and wood beams has a sleek design with a modern feel.

Les Petites Bouchees - Snacks for Socializing
Warm Picholine & Nicoise Olives $6
Charcuterie Plate $12
Classic Cheese Board $12

Main Tasting Menu - Share Plates
Beetroot Ravioli $13
Butternut Consomme & Cappuccino $9
Qualicum Bay Scallops $16

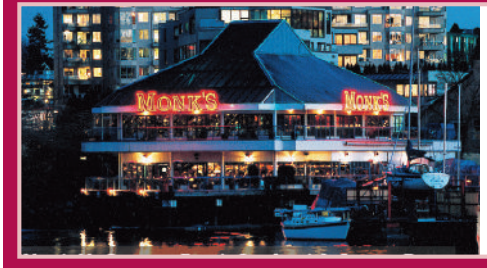
Desserts
Stilton Cheese Cake $6
Lemon Tart $6
Coffee and Rose Water Creme Brulee $6

1144 Homer Street, Yaletown
604.609.0901 | planblounge.com



UnWine'd
A mix of comfort and style. Sample our impressive wine list, fantastic summer martinis and tempting selections from our tapas menu.
1180 Howe Street
604.682.5225
unwined.ca

Medley's Restaurant & Lounge
Join us for a quick Lunch or All-You-Can-Eat Buffet. After work, have a drink and relax in the lounge.
Holiday Inn Downtown
604.684.2151
hivancouverdowntown.com



Monk McQueens
We are selling our popular 2008 Dinner and Canucks Packages to every home game! The Monks Dinner and Canucks Package is your one-stop event package including Reservations at Monks, Valet Parking, Great Game Seats (300 balcony level, rows 1-6), Three Course Dinner, Shuttle to and from GM Place for only $150 per person.
601 Stamps Landing, 604.877.1351
monkmcqueens.com

Plan B Lounge & Eatery
Urban and stylish, sophisticated yet casual…a hip lounge with the best tasting share plates in town!
1144 Homer St. (Yaletown)
604.609.0901
planblounge.com

metro Do it daily.

For advertising opportunities call 604-602-1002.

Urban Eats runs Friday's in Metro.

Efron denies plans for Pirates of the Caribbean role

Despite reports to the contrary, the High School Musical 3: Senior Year star Zac Efron says he has no confirmed plans to follow Orlando Bloom as the young knave in Johnny Depp's shadow in the fourth Pirates of the Caribbean movie. **PEOPLE.COM**

Celebrity Buzz

Jolie's priority is being mom

FAMILY Angelina Jolie says that her priorities have changed from career to motherhood since giving birth to twins in July, People.com reports.

"The kids are my priority, so it's possible that from now on I will make fewer movies. I may even stop altogether," the actress tells the Italian edition of Vanity Fair. "I no longer have the ambition I had in my 20s."

Jolie, 33, who spoke to the magazine while promoting her new movie Changeling, says that as she has had more children, she's come into her own as a mother.

"In reality my life is a lot more chaotic and adventurous now. Brad [Pitt] and I pilot airplanes, we travel non-stop, we go to difficult places and we have chosen to do it taking all of the kids with us," said the mother of six. "I feel a lot braver now than when I was an angry young woman."

Of her past, she says, "I knew little about the world and I was completely self-absorbed. It was only when I came out of my shell and started taking care of others that I found the real Angelina."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Happy relationship came late for Lopez

FAMILY Jennifer Lopez says that when it came to becoming happy and fulfilled in a relationship, she was a late bloomer, People.com reports.

"I have been in a few challenging ones," Lopez says. "I have been in relationships that can make you doubt who you are and what you are capable of, and doubt what you deserve. It took me a bit little longer to get it right."

The actress, who didn't single out any of her exes, has been married twice and famously dated Sean "Diddy" Combs and Ben Affleck before quietly marrying Marc Anthony, 40, with whom she had twins. **METRO NEWS SERVICES**

50 Cent custody battle ends

LEGAL 50 Cent reached an agreement with his former girlfriend on Wednesday in a bitter custody dispute over their 12-year-old son Marquise, People.com reports.

The rapper (real name: Curtis Jackson) and ex Shaniqua Tompkins avoided eye contact as they and their attorneys went before a judge in a Central Islip, N.Y., courtroom just before noon on Wednesday.

During the hearing, which lasted less than five minutes, a judge granted Jackson one weekend visit a month with Marquise, who will also spend half of his school's winter and spring breaks with his father.

METRO NEWS SERVICES

celebrity brief

Campbell is not pregnant

RUMOUR Naomi Campbell has hit out at rumours she is expecting her first child with billionaire lover Vladislav Doronin, imdb.com reports.

Speculation suggesting the catwalk queen is pregnant has increased since she spoke about her desire to have children.

"I'd love to have a baby. It's every woman's dream and I feel that's a huge part of my life that I'm yet to experience," she recently told Britain's Daily Mail newspaper.

Campbell's revelation that she flew to Brazil earlier this year for an operation to repair her damaged fallopian tubes only fuelled the reports.

But the star's lawyers have vehemently denied the claims, telling New York Gossip column Page-Six the reports are "absolutely false and fabricated."

METRO NEWS SERVICES

Smiths destress in wilderness

PEOPLE When the going gets tough for Hollywood couple Will and Jada Pinkett Smith, the tough go trekking.

Actress Pinkett Smith reveals she and her husband pack up the kids and hit wilderness areas whenever the stresses and strains of Hollywood become too much, imdb.com reports.

"When the going gets rough, instead of just going, we sit down and say, 'We're going to find a way to do this,'" she tells Cookie magazine. "I say, 'Will, you find out exactly where we should go in Yellowstone with the kids, and I'll do Big Sur.'"

METRO NEWS SERVICES

Berry buys Quebec house

INVESTMENT Actress Halle Berry has splashed out on a new home in Canada to share with her model boyfriend Gabriel Aubry, imdb.com reports.

The couple have invested in a multi-million dollar property which sits on 63 acres of land in St. Hippolyte, a small town in Quebec.

Canadian-born Aubry is excited about moving back to his native country, where his parents still live.

"It feels great," Aubry says. "Anything we can do in our own hometown is always a good feeling."

METRO NEWS SERVICES

FameThrower

Joe O'Neill

Joe's take on celebrities

You know how I know **Jennifer Aniston**'s been back in the news recently? Because **Our Lady of Perpetual Hype** can't stop herself holding forth about her personal growth simply to knock her off the page.

Nice to see that **Angelina Jolie** has finally found "the real **Angelina**," not to mention an affinity for referring to herself in the third person. It's been a long search that included a trip down her brother's throat during an Oscar telecast, and an extended sojourn inside **Billy Bob Thornton**'s underpants. **Jolie** even threatens to stop making movies altogether on account of this evolution of the self. Hey, why not? They don't pay nearly as well as magazine spreads of newly produced or adopted children.

The new **St. Angie** is eager to paint a picture of domestic bliss, with her six children from Ethiopia, Vietnam, Cambodia and **Brad Pitt** happily cavorting and teaching one another about their respective cultures like a magical rainbow village fuelled by endless cash and privilege. I believe they even have a pet unicorn.

But think about it. The sibling rivalry that's bound to infest that household will make the **Baldwin Brothers**' infighting pale by comparison.

NEWSDESK@METRONEWS.CA

CUSTOMER APPRECIATION WEEKEND

FRIDAY OCTOBER 24TH TO
SUNDAY OCTOBER 26TH 2008

REWARDING OUR LOYAL CUSTOMERS WITH
THE FOLLOWING DISCOUNT

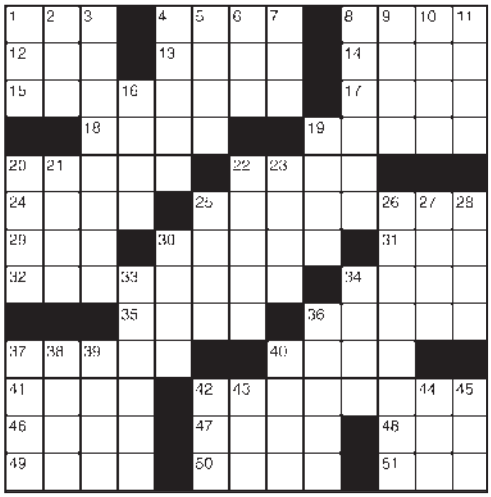
40% OFF ALL REGULAR PRICED ITEMS
10% OFF ALL SALE PRICED ITEMS

FRENCH CONNECTION
frenchconnection.com

Offer valid from the start of trade on Friday 24th October to the end of trade Sunday 26th October 2008. All purchases are considered Final Sale. This discount does apply to online purchases. This offer is not valid with any other promotional offer including SPC Cards or when purchasing gift vouchers. Only valid at French Connection Canada stores and online.

The Weather Network 20 YEARS
©The Weather Network 2008
Today Rain 80% 11° / 6°
Saturday Variable 11° / 3°
Sunday Sunny 11° / 5°
NOW OFFERING TRAFFIC ON YOUR MOBILE!
Download TrafficEye Mobile™ at theweathernetwork.com/mobile

Take Five



Crossword across

1 Watering hole
4 "Lion King" baddie
8 Dog owner's ordeal
12 Ostrich's cousin
13 Ethereal
14 Huron neighbor
15 Suggest as a candidate
17 Ogling look
18 Division word
19 Pageant winner's topper
20 Columbus' birthplace
22 Cheese choice
24 Slender
25 Con game
29 Last (Abbr.)
30 Sprung up
31 1-Across request
32 Footballer's anti-glare smear
34 Mischievous tykes
35 Example of beefcake
36 Hibernian
37 Photo book
40 PC picture
41 Winter garment
42 Rule
46 Luau entertainment
47 Caspian feeder
48 Earl Grey, e.g.
49 Paradise
50 Say it isn't so
51 Addnl. phone no.

Crossword down

1 Stein or Stiller
2 Latin 101 word
3 Contemplate
4 Annual visitor
5 "Arrivederci"
6 Museum stuff
7 Catcher's place
8 Credence
9 Vicinity
10 Layer
11 Zeus' wife
16 Privy to
19 Fourth dimension
20 Collagist's need
21 Slithery
22 Impede
23 Put on the line
25 Drescher or Tarkenton
26 Make into a thin plate
27 Much of Austria
28 Netting
30 Astringent
33 Himalayan nation
34 Unyielding
36 With aloofness
37 Rue the run
38 Clamorous
39 "The Dark Knight" star
40 Model who wed David Bowie
42 Flop
43 Tramcar contents
44 John Ritter's dad
45 Chow down

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	5						3	
	2	1		8		9	5	
8			5		2			1
		6	3		9	5		
		2	1		5	6		
9			2		8			7
	7	5		4		3	8	
	4						1	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

8	2	3	7	9	6	4	5	1
9	1	5	3	2	4	6	7	8
4	6	7	1	5	8	9	3	2
6	4	1	2	8	7	3	9	5
7	9	2	5	4	3	1	8	6
3	5	8	6	1	9	7	2	4
2	7	9	8	6	1	5	4	3
1	8	4	9	3	5	2	6	7
5	3	6	4	7	2	8	1	9

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Recipe of the day

Brussels Sprouts with Caramelized Onions

INGREDIENTS:
1 lb (500 g) Brussels sprouts, trimmed and halved.
2 tbsp (25 mL) olive oil
1 medium white onion, halved lengthwise and sliced
1 medium red onion, halved lengthwise and sliced
1 tbsp (15 mL) fresh thyme, chopped, or 1 tsp (5 mL) dried thyme
½ tsp (2 mL) salt
1 tbsp (15 mL) white balsamic vinegar

METHOD:
1. Preheat oven to 400°F (200°C). Bring 1 in. (2.5 cm) water to a boil over medium-high heat. Insert steamer basket, reduce heat to medium and add sprouts. Cover and cook until crisp-tender, about 7 minutes.
2. Heat oil in medium saucepan over medium heat. Add onions and cook until browned, stirring occasionally. Add thyme and salt. Reduce heat to low, cover, and cook until tender and browned, about 10 minutes.
3. Place sprouts in serving dish, top with onion mixture and toss to coat.

PER SERVING
141 calories, 5 g protein, 18 g carbohydrates, 6 g fibre, 7 g total fat, 1 g saturated fat, 0 mg cholesterol, 333 mg sodium.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!
Readers Digest ON CALL FOR YOU

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
A bizarre event causes excitement. Ask probing questions about unusual financial details. You'll receive immediate benefits.

TAURUS ♉
APRIL 21-MAY 21
Don't waste time wondering about a cruel mood. Practice your hide and seek skills. You could take someone else's place.

GEMINI ♊
MAY 22-JUNE 21
It's time to shun demanding people. Family members make foolish errors in judgment. Pass on an important work-related message.

CANCER ♋
JUNE 22-JULY 22
No one pays attention to instructions. A friend neglects to ask for your help. A treasure has life-changing potential.

LEO ♌
JULY 23-AUG 23
Your domestic situation becomes intense. Collaborate on developing ingenious inventions. Someone's bold gestures will stun you.

VIRGO ♍
AUG 24-SEPT 22
You'll have moments of glory. Your social life is cutting into an investigation. A stubborn opponent makes a stand.

LIBRA ♎
SEPT 23-OCT 23
A madman is demanding your emotional support. Bureaucrats won't encourage feistiness. Original ideas are more troublesome than helpful.

SCORPIO ♏
OCT 24-NOV 22
A lecturing person squeezes out a cute smile. Help a paranoid friend deal with a chaotic day. Successful ploys will alienate a family member.

SAGITTARIUS ♐
NOV 23-DEC 21
Your ability to have trivial conversations increases. You'll have to give positive feedback. There'll be joy over making a discovery.

CAPRICORN ♑
DEC 22-JAN 20
Money matters are influenced by uneasy emotions. Don't tell everyone your plans. A lack of spontaneity leaves no room for creative effort.

AQUARIUS ♒
JAN 21-FEB 18
You'll be aware of potent silences. Ponder on the mysteries of being practical. Forget about your apathy and get back into motion.

PISCES ♓
FEB 19-MARCH 20
A woman causes emotional mayhem. People aren't paying attention to your needs. Share a precious moment with a loved one.

BUY AND SELLBOOKS • CDS • DVDS
NOW A LARGER SELECTION OF ENGLISH BOOKS
BOOK-OFF VANCOUVER STORE
636 HORNBY ST. 604-605-8887
A NEVER BEFORE SEEN USED BOOK STORE!
OPEN 7 DAYS A WEEK • 10am - 8pm

Big Sisters of BC Lower Mainland
604.873.4525 · www.bigsisters.bc.ca

FLIGHT CENTRE Unbeatable
HAWAI'I 7 NIGHTS
FROM $599
INCLUDES roundtrip airfare and 7 nights 3-star accom in famous Waikiki. ADD North Shore shark cage underwater viewing adventure from $139.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex Vancouver. All airfares are roundtrip unless otherwise stated. Air only prices are per person. Package and cruise prices are per person, based on double occupancy. Transportation related fees, taxes and GST are excluded. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. For full terms & conditions, see tour operator brochure. B.C. Reg. #H02790

WIN* 1 OF 3 SONY BUNDLES A DAY

LAST CHANCE TO WIN

Contest ends October 30

**Get free RBC®
student banking today**

www.rbcp2p.com/sonydaily

CREATE A BETTER STUDENT LIFE.

RBC Royal Bank®

*No purchase necessary. Contest runs from August 5th, 2008 at 9:00 a.m. (EST) and ends October 30th, 2008 at 11:59 p.m. (EST). Draws for daily winners begin Sept. 2 and grand prize draw on December 15th, 2008. Only one entry per person. Open to Canadian residents who have reached the age of majority in the province or territory in which they reside. There are 185 prizes available to be won. Approximate retail value of all prizes is $252,000.00. Odds of winning depend on the number of eligible entries. A correct answer to the skill-testing question is required. For full Contest rules and how to enter without purchase, please visit www.rbcp2p.com/freetoplay/rules. ® Registered trademark of Royal Bank of Canada. Trademarks of Royal Bank of Canada. Royal Bank of Canada, 2008.